

THE GARLANDS WINSLOW DINING ROOM

~ SAMPLE BREAKFAST MENU ~

♥ HEART HEALTHY BREAKFAST

Seasonal fruit plate, banana bread or a muffin, with your choice of yogurt
 \$9.95 \$7.95

CEREAL BREAKFAST

Oatmeal or assorted cold cereals served with sliced bananas
 \$7.95 \$5.95

THE MEMBERS' OMELET

Created with your choice of mushrooms, peppers, scallions, tomato, cheddar, ham or bacon, served with skillet potatoes and toast
 \$8.95 \$6.75

THE GARLANDS BREAKFAST

Farm fresh eggs cooked any style with your choice of apple-smoked bacon, grilled ham, sausage links or patties accompanied with skillet potatoes and toast
 \$8.95 \$6.75

Cinnamon battered French toast or buttermilk pancakes
 Warm maple syrup
 \$8.75 \$6.75

THE PRODUCE MARKET

Seasonal fresh berries\$2.75 \$2.00
 Sliced banana\$1.75 \$1.00
 Half ruby grapefruit\$1.75 \$1.00

THE BAKERY

Danish, muffin or croissant.....\$3.25 \$2.50
 Toasted English muffin\$2.00 \$1.25
 Toasted breads.....\$1.50 \$1.25

SIDE DISHES

Apples-smoked bacon\$2.75 \$2.00 Breakfast sausage or links.....\$2.75 \$2.00
 Country ham\$3.50 \$2.50 Corned beef hash\$2.25 \$1.75
 Skillet potatoes.....\$1.75 \$1.25 Assorted cereals\$2.95 \$2.25
 Oatmeal with raisins and brown sugar.....\$4.75 \$3.75
 Toasted bagel, cream cheese and fruit preserves.....\$3.75 \$2.75

The Garlands also offers a variety of "Sugar Free" and "No Sugar Added" products

BEVERAGES

Garlands Signature blend coffee or a selection of gourmet teas\$2.75 \$2.00
 Regular and decaf tea\$2.50 \$1.95
 Orange juice or other fruit juices\$2.50 \$1.75
 Milk - 2% or skim.....\$2.50 \$1.95

The Garlands' Member pricing is printed in italics.
 The Garlands assigns a 15% service charge for dining.

