

## Service Guidelines

### ALL PRIVATE SUITES:

- Spacious private suites with lovely residential-styled furniture and lighting
- Fully-adjustable beds with hand-held controls for ease of use by the resident
- Private bathrooms in each suite feature curb-free ceramic showers with built in bench
- Customized closets
- Personal, adjustable flat-screen televisions included in each private suite
- Basic and Premium cable available
- State-of-the-art emergency call system with voice response and wireless technology that allows rapid staff response from anywhere in building
- All utilities included

### GENERAL SUPPORT SERVICES

- Daily housekeeping service, including garbage disposal and bed-making
- Daily laundering of sheets and towels (sheets and towels are provided)
- Weekly personal laundry service
- Daily social, educational, cultural and recreational programs and events tailored to residents' interests and abilities
- Regular meetings with physician, resident and families to review resident care

### AMENITIES

- Warm, elegant common areas with high volume ceilings and rich architectural details
- Lounge and Living Room areas include a wall-mounted, flat screen television for clear visibility and enjoyment from all areas of the rooms
- Beverage and snacks for both resident and guest(s) provided throughout the day and evening
- Spa-like Personal Care/Bathing Suite
- Beauty Salon within the Skilled Nursing neighborhood for convenient use by residents

- Scheduled transportation for shopping, events and appointments
- Moderate to total care with activities of daily living
- Assistance with bathing
- Medication administration by a licensed nurse
- Regular check-ins to monitor safety and well-being

## MEDICAL SERVICES

- Medical Director from Barrington who visits at least once a week
- Licensed Nurses and Personal Care Assistants in unit 24-hours-a-day
- 24-hour emergency call system
- Extensive/Total assistance with activities of daily living
- Professional Nursing staff who have specialized training to meet the various care needs of older adults including:
  - Restorative Nursing Program
  - Wound Care
  - Diabetic Care
  - Tracheotomy Care
  - Infusion Therapy
  - Respiratory Care
  - Enteral Feeding Care
  - Ostomy Care
  - Incontinence Care
- On-site therapists to provide Physical, Occupational and Speech therapies
- Fully-equipped therapy gym and full-sized kitchen or specialized occupational therapy that includes activities-of-daily-living task training
- Specializing in short-term rehabilitation working towards a goal of returning individuals back to a less-restrictive living environment
- Lower-than-industry average staff-to-resident ratios

## DINING SERVICES

- Three meals served daily in Dining Room; menus change daily to ensure exceptional variety
- Room service available as needed
- Specialized diets are available as needed
- Healthy snacks provided throughout the day

*Prairieview at The Garlands Skilled Nursing services are available on a short-term or ongoing basis for Garlands Independent and Assisted Living residents.*



PRAIRIEVIEW  
— at The Garlands —