

THE GARLANDS WINSLOW DINING ROOM

~ SAMPLE LUNCH MENU ~

STARTERS

♥ Chicken Noodle Soup

(low sodium)

Low sodium chicken broth with vegetables, noodles and chicken

\$3.50 - \$2.50

Garlands Homemade Soups

Made fresh daily

\$3.50 - \$2.50

Caesar Salad

Romaine lettuce & Caesar dressing

\$4.95 - \$4.00

House Salad

Assorted greens with choice of dressing

\$4.50 - \$3.50

Soup and Salad Combination

Soup du jour and your choice of salad

\$8.00 - \$6.00

CLASSIC SELECTIONS

Cobb Salad

Chilled greens with grilled diced chicken, tomatoes, avocado, egg, bacon and cucumber

\$11.75 - \$9.75

Brie and Asparagus Omelette

A three-egg omelette filled with asparagus and soft Brie. Fresh fruit garnish

\$12.25 - \$10.25

Sauteed Red Snapper

Snapper fillet sauteed in lime-cilantro butter with cherry tomatoes

\$16.50 - \$13.50

Roasted Turkey Breast

Roasted turkey with sage dressing and orange-cranberry sauce

\$15.75 - \$13.75

Chicken Tortellini

Plump tortellini with chicken and Ricotta cheese. Served over roasted tomato sauce

Garlic bread and fresh basil

\$15.50 - \$13.50

ENTRÉE - SALADS

Spinach Salad

Baby spinach with sliced mushrooms, egg,
red onions, bacon chips and hot
bacon dressing
\$14.50 - *\$12.50*

Italian Salad

Sliced plum tomatoes, fresh mozzarella,
basil and pine nuts
Balsamic vinaigrette
\$15.95 - *\$13.95*

Chicken Caesar Salad

Chopped romaine lettuce tossed
with Caesar dressing, garlic croutons
and freshly grated parmesan cheese
\$12.50 - *\$10.95*

ENTRÉE - SANDWICHES

Turkey Reuben

Made with sliced deli turkey, sauerkraut,
Swiss cheese and thousand island dressing.
Pickle and tomato garnish with home made chips
\$10.25 - *\$9.25*

Classic Reuben

Sliced corned beef, baby Swiss cheese
sauerkraut and 1000 island dressing
Served on rye bread with French fries
\$9.95 - *\$8.95*

Chicken Quesadillas

Soft flour tortillas filled with grilled
chicken, refried beans and Jack cheese. Grilled
& served with guacamole, sour cream and salsa
\$13.95 - *\$11.95*

Garlands Burger

Your choice of Kobe or traditional hamburger
Served with your choice of cheese
and French fries
\$11.95/*\$12.95* - *\$9.95/\$10.95*

Half Deli & Soup or Salad

Both selections are served with your choice of deli meat, cheese, bread garnish and soup du jour
or house salad
\$8.95 - *\$7.25*

Deli Sandwich & Soup or Salad

\$9.95 - *\$8.95*

DESSERTS

Mini Banana Split

Banana, vanilla ice cream and chocolate sauce
\$2.50 - *\$2.25*

Pecan Pie

Garnished with whipped cream
\$3.00 - *\$2.50*

Carrot Cake
Whipped Cream
\$5.95 - *\$4.95*

New York Cheesecake
Garnished with fresh raspberries
\$5.95 - *\$4.95*

Seasonal Fruit Jell-O

Fresh berries and whipped cream
\$3.95 - *\$2.95*

The Garlands' Member pricing is printed in italics

There is a 15% service charge and 7% sales tax added to each check