



THE GARLANDS® Gazette

A Newsletter for the Members of the GARLANDS OF BARRINGTON

JUNE 2020



Eddie Korosa delights members with his accordion music as he is chauffeured by **Lynn Adams**.



Our first **Zoomed Great Decisions Foreign Policy** forum with **Gary Midkiff**.



Steen Metz celebrates his birthday with some cake!



Bagpiper **Henry Wessler** rode and walked our entire campus to play a musical tribute to all our fallen soldiers.

FEEL Better. AGE Better. LIVE Better.

Here's What's Happening

All Activities programming this month is found on Channels 16 and 17, however we do have a few items to point out:

<p>Saturday JUN 6 1:30 pm - 2:15 pm</p>	<p>Birthday Bash with Andrew Blendermann <i>Channel 17</i></p> <p>Fan-favorite Andrew Blendermann is back with a special show for Garlands members. Call Lynn (*13) before 4:00 pm Wednesday, June 3, with a song request so Andrew can include it and your name in his show. Any requests after 4:00 pm will not make it into the show. Andrew's repertoire is more than 2,000 songs, so ask for any song, any genre. Nibble on the special treat made by Pastry Chef Julie and placed by Member Services on/in your purse shelf or villa mailbox Thursday night. When you see the cookie, remember our entertainer's name! At this month's Birthday Bash, when Andrew stops to sing "Happy Birthday" to June celebrants, open your window and sing loud so others can hear!</p>	
<p>Wednesday JUN 17 2:30 pm - 3:00 pm and 6:30 pm - 7:00 pm</p>	<p>Book Launch for <i>The Wysman</i> <i>Channel 17</i></p> <p>We're celebrating the launch of Garlands member Dorothy Winsor's new young-adult novel, <i>The Wysman</i>! Dorothy will do a brief reading from Chapter 1. Afterwards, feel free to call her to chat about it or to purchase one and have it signed. Know any young adults who like to read?</p> <p>You may pre-order the e-version or paperback through Amazon until the book's June 27 release date or simply order through Dorothy who can sign it and have it brought to you.</p>	
<p>Sunday JUN 21 2:00 pm - 3:30 pm</p>	<p>Father's Day Tribute with Jeffrey Deutsch <i>Channel 17</i></p> <p>Jeff pays tribute to fathers with light-hearted fare from Billy Joel, Neil Diamond, Jim Croce, Elton John, and more "more-recent" favorites.</p>	

Here's What's Happening

Wednesday

JUN 24

3:00 PM

Zoom Bingo (online)-rsvp 77415 -Zoom Video Chat

Join Nate through Zoom video visits! See your friends, and have fun doing different activities together! Call Nate ahead of time so he can get BINGO cards to apartment shelves or villa mailboxes before the activity. Call (77415) or email (nszkil@thegarlands.com) to sign up.



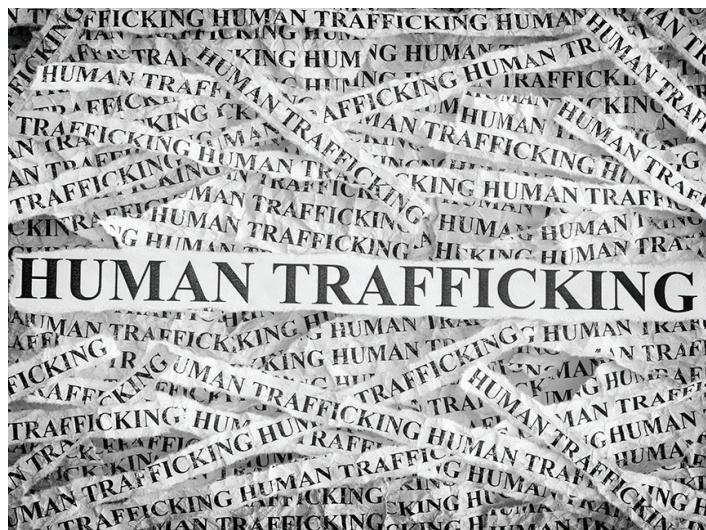
MAKRAY
MEMORIAL GOLF CLUB

Golf at Makray Memorial Golf Club 2020

To all who join the 2020 Garlands Golf Club, we will distribute to your purse shelf the extensive list of restrictions* currently placed on Makray so you can determine whether or not you'd like to play (**e.g., be singles or twosomes only; must walk and carry own clubs; no carts, handcarts, or caddies*).

The course is open, and Garlands members are invited, compliments of The Garlands, to play golf at Makray, provided space is available, Monday through Friday, any time, and weekends after 2:00 pm. In order to play, members must sign the 2020 Garlands Golf Club agreement (ask Ginny the Concierge to get one to you). We will then provide you with a picture ID card*, which you need in order to receive complimentary greens fees during the above-mentioned times. Allow two to three days from the time you sign the agreement until you have your picture ID card. Golfers call Makray directly (847-381-6500) for a tee time for either 9 or 18 holes. *You do not pay for the greens fee, but you do pay Makray directly for any expenses other than greens fees.*

Lifelong Learning



Great Decisions with Gary Midkiff on Zoom!

-rsvp *13 so we can get you on the distribution list
Friday, June 12, 10:00-11:30 am, Zoom Video Chat

See your friends and exercise your brain! You don't need a Zoom account to attend online*, just access to the Internet, and an email address. Great Decisions is America's largest discussion program on world affairs. This month's topic: Human Trafficking. The next topic is the Northern Triangle (July). To order the book (\$32) or ask any questions, please call Lynn, Director of Activities (*13), to let her know you'd like to join this vibrant group of thinkers!

NOTE: Please make sure you're Zoom ready a week before the meeting. Lynn (*13) and Nate (77415) can help you get set up before June 12. If you're Zooming on your cell or tablet, you do need to download the Zoom app. For maximum satisfaction, Zoom from a device with camera. Call us if you have any difficulties.

In The Know

Dispatches

As conditions change or different resources become available, Member Services delivers to your purse shelf (or villa mailbox) Dispatches from Management. You can also review Dispatches on MyGarlands App under Dispatches News & Info.

Channel 16

Channel 16 on your television is your *Number One Garlands resource during this time – your go-to spot* for all campus news and info including:

- Dining (menus, special treats)
- Fitness (general info, class broadcast times)
- Schedule of programming on Channel 17
- Messages

If you'd like to see future slides, go to **Our Channel** on MyGarlands App.

Garlands App

The Garlands App is your 24-hour source for:

- Inspiring Events
Schedule of events, up to 30 days out
- Dining Menus
- Work Orders
- Member Directory
- Staff Directory
- Dispatches
- Weather
- TV Channel Guides
- Our Channel – *Current Channel 16 slides*

And that's not all. Download the *MyGarlands* app in the App Store or Google Play. Also, visit the app's website at www.mygarlands.org. We want to help! Call Nate 77415 with any questions!

Channel 17 General Schedule*

A rotating selection of fitness classes, Great Courses, Ted Talks, old-time radio programs and films, special programs by Garlands entertainers and lecturers, Garlands photo albums (of YOU), concerts, special video messages from Management, games, crafts, short videos to warm the heart, make us laugh, amaze us, reaffirm our faith in humanity, and more.

7:00 am - 11:00 am	Move! <i>Fitness classes</i>
11:00 am - 12:00 pm	Learn! <i>Great Courses, Ted Talks, lectures, or presentations</i>
12:00 pm - 12:30 pm	Reminisce! <i>Old Time Radio/TV Shows</i>
1:00 pm - 3:00 pm	Learn! <i>Educational programs</i>
3:00 pm - 4:30 pm	Move! <i>Fitness classes</i>
4:30 pm - 5:30 pm	Jazz Music and More <i>Jazz music or other entertainment during your Happy Hour.</i>
6:50 pm - 6:55 pm	Feel Calm... <i>Guided meditation</i>
7:00 pm	Be Entertained! <i>Mon-Thu: Music programs. Fri-Sun: Movie</i>
9:30 pm - 9:35 pm	Feel Calm... <i>Guided meditation</i>

Wellness Center Hours

The Wellness Center is **CLOSED** for walk-ins but **OPEN** for call-ins. Please dial *03 to speak with Wellness Center staff about your needs. Staff will triage your call and have a nurse speak with you or make a house call, depending on your need. The full staff is available to serve your needs.

Staffed by a Registered Nurse:

Monday through Friday, 8:00 am – 4:30 pm
Saturday, 8:00 am – 2:00 pm.

Blood Pressure Testing - call *40

Make an appointment during Wellness Center nursing hours to have the nurse come to your home to check your blood pressure and other vitals.

Lab Services - call *40

Blood draw services are offered every Tuesday, in your home, by scheduling an appointment. This service is provided by NICL Lab. *Advance notice of, at least, 20 hours is required.*

Comprehensive Group / HealthPRO Rehabilitation

- call *47 for information and scheduling
For all your therapy needs. *By appointment only.*

The Garlands Home Care Solutions Manager is available by phone:

Monday through Friday, 8:30 am – 5:00 pm.

For more information please call 847-756-3300 or email GHCS@thegarlands.com.



THE DOCTOR IS IN...

Podiatrist: Dr. Warheit

- call *40, *by appointment only.*

If you need your toenails trimmed – but do not currently have an appointment in May – call the

Wellness Nurse who will schedule you into Dr. Warheit's next available visit.



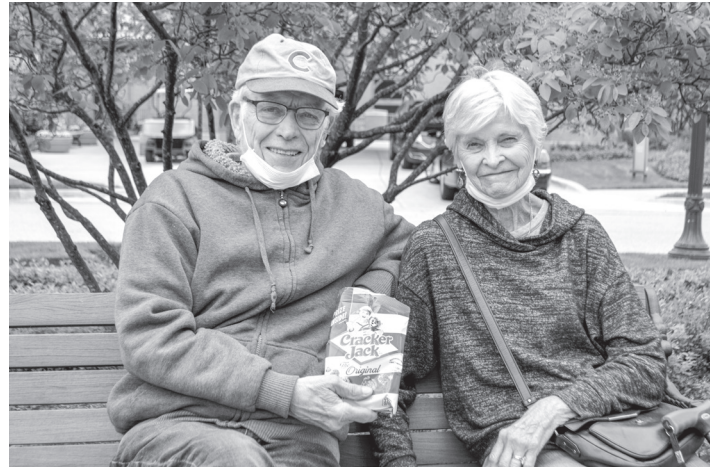
Outdated Prescriptions and Other Medications

Please call the Wellness Center Monday through Friday, 8:00 am to 4:30 pm, to schedule someone to pick up your outdated medications from your home.

Please do not put them in the trash or down the sink. Keep yourself and the environment safe.



Spreading Some Love Tour – A BIG HIT!



Holy Cow! The Cubs resident National Anthem singer, **John Vincent**, knocked it out of the park at The Garlands of Barrington with three live mini concerts.

John spoke and sang from the heart to honor Garlands members, Garlands team members and Barrington police officers amid a backdrop of Garlands trees in full, spring bloom. The captive audience—many sporting Cubbies blue – watched from balconies, patios, grassy spots and picnic benches, some videotaping, waving “W” flags and singing along, especially to John’s emotional rendition of “*God Bless America*.”

The May 22nd performance was part of John’s “*Spreading Some Love*” (not the virus!) tour, a gig that started in conjunction with the Chicago Police to bring joy to Chicago senior community residents during the COVID-19 quarantine.

“If you can make people happy, that’s what’s important in life, especially now,” said John, who donated his time and talent to “spread some love” in conjunction with *RBI Chicago, Sugar Factory, Treblemonsters* and *Bring Out The Creative*.

Beyond ballpark-favorite songs, John’s playlist of “*God Bless America*,” Frank Sinatra’s “*My Kind of Town*,” Louis B. Armstrong’s “*What a Wonderful World*” and other classic covers inspired hope and a sense of togetherness during this time when many are feeling disconnected.



Spreading Some Love Tour – A BIG HIT!



New Neighbors

If there is one thing that COVID-19 has taught us, it is the value of relationships!
As such, we thought now would be the perfect time to introduce you to some of our newer neighbors. Perhaps you'll be able to put a name with a face or find something in common as you peruse these brief introductions. **Please join us in welcoming our NEW (ish) neighbors!**



Pat Bringaze

Residence 3120

Member since November 2019

HOMETOWNS

- Barrington (25 yrs)
- Arizona
- Colorado
- Chicago
- Crystal Lake

FAMILY

- 2 children
- 1 grandchild

EDUCATION

- Doctorate in Education

HOBBIES

- Travel
- People
- Golf

CAREER

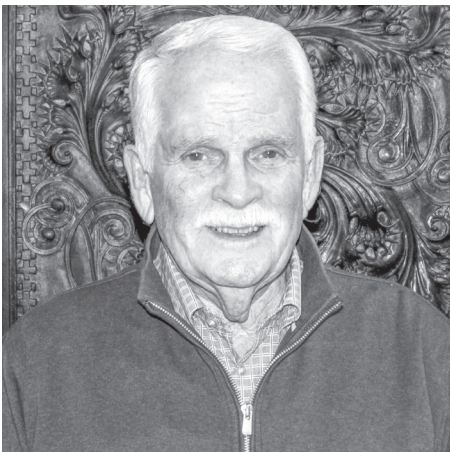
- Professor of Education (Illinois and Arizona)
- Staff and Program Development (Barrington 220)
- Mediator (Colorado)

ORGANIZATIONS

- Institute for Lifelong Learning

MORE ABOUT ME

- Time with grandson



Dick Bringaze

Residence 3120

Member since October 2019

HOMETOWNS

- Barrington (25 yrs)
- Arizona
- Colorado
- Chicago
- Crystal Lake

FAMILY

- 2 children
- 1 grandchild

EDUCATION

- University of Notre Dame

HOBBIES

- Reading
- Travel
- Biking

CAREER

- Sales/Marketing - 30 years with IBM

MORE ABOUT ME

- Ran Marathons and rode in Century bike rides



Susan Hoggins
Residence 3323
Member since May 2019



Graham Hoggins
Residence 3323
Member since May 2019

HOMETOWNS

- Chicago
- Barrington

FAMILY

- 3 daughters
- 5 grandchildren

HOBBIES

- Sports
- Music
- Travel

EDUCATION

- Illinois Wesleyan University

CAREER

- Previously Owned Barrington News Agency

ORGANIZATIONS

- Naples Florida Condo Association President

MORE ABOUT ME

- Enjoy TV tennis, Cubs and Bears football
- Appreciate exercise activities to help with Parkinson's symptoms



Tomi Hubert
Residence 1308
Member since April 2019

HOMETOWNS

- Mt Prospect, IL
- Grosse Point Park, MI
- Chicago, IL
- Des Moines, IA

FAMILY

- 1 child
- 2 grandchildren

EDUCATION

- Rosary College, BA Math
- Kansas State University, MS Computer Science

HOBBIES

- Reading
- Knitting
- Genealogy
- Plays
- Going out to dinner

CAREER

- Vice President- Technology in Publishing Industry

ACHIEVEMENTS/ORGANIZATIONS

- SFM President - NIH Fellowship

New Neighbors



Frank Rubino

Residence 1218

Member since February 2019

HOMETOWNS

- Glenview, IL
- Barrington, IL

FAMILY

- 3 children
- 9 grandchildren
- 10 great-grandchildren

HOBBIES

- Cards
- Bridge
- All games
- Golf
- Reading

EDUCATION

- Northern Illinois - Enlisted in the army and served in France

CAREER

- Owner of W.R.Type- Data Direct Printing Company

ORGANIZATIONS

- Church Board of Trustees (7 yrs)
- Volunteer PADS

MORE ABOUT ME

- Enjoy time with family and friends
-

Donna Rubino

Residence 1218

Member since February 2019

HOMETOWNS

- Glenview, IL
- Barrington, IL

FAMILY

- 3 children
- 9 grandchildren
- 10 great-grandchildren

HOBBIES

- Bridge
- Mahjongg
- Crocheting

EDUCATION

- Northern Illinois University

CAREER

- Housewife
- Office Manager

ORGANIZATIONS

- Cub Scout leader
- Girl Scout leader
- PTA Volunteer
- Church volunteer

MORE ABOUT ME:

I feel truly blessed to be able to live here at The Garlands and have my family close to me.



Ann Parker

Residence 1230

Member since May 2019

HOMETOWNS

- Chicago, IL
- Waukesha, WI
- Barrington, IL

FAMILY

- 3 children
- 10 grandchildren

EDUCATION

- Masters in English Literature - Teaching of French

HOBBIES

- Reading
- Movies
- Golf
- Painting
- Plays
- Opera

CAREER

- Teaching high school
-



Laurel Skomer
Residence 3217
Member since June 2019

HOMETOWNS

- Chicago
- Oak Lawn
- Aurora
- Wood Dale
- Bensenville
- Hoffman Estates

FAMILY

- 3 children
- 8 grandchildren

EDUCATION

- Illinois State University,
Bachelor of Science, Education

HOBBIES

- Art
- Habitat for Humanity
- Sewing
- Christian Education
- Reading

CAREER

- Elementary teacher - Resource
Center Specialist

ORGANIZATIONS

- United Presbyterian Women
- United Methodist Women
- Active at Salem United
Methodist Church



Jim Skomer
Residence 3217
Member since June 2019

HOMETOWNS

- Born and raised in Chicago
- Franklin Park
- Bensenville
- Wood Dale
- Hoffman Estates

EDUCATION

- Bach/Masters in Music from
Northwestern, Doctor of
Education from Loyola

FAMILY

- 3 children
- 8 grandchildren

HOBBIES

- Working in the Shop. Theater
(act, direct, watch) Music

CAREER

- High School Choral Director
(Fenton HS); High School
(Huntley) and Elementary
(Washington) Principal

ORGANIZATIONS

- Habitat for Humanity
- Salem ministry
- MENC and IPA



Josephine Buetow
Residence 3317
Member since April 2019



Members Corner

Peace in a Storm,

by Karen Stathakis, 5-14-20

Many years ago, I heard a story about a group of artists who were instructed to paint a picture that illustrated “peace.” There were many paintings of quiet streams, grassy meadows, fields of flowers, and the like. The winning painting, however, looked very different from those images. There were dark, ominous storm clouds, bolts of lightning and trees bending in the strong wind. Yet, on one of the branches in one of the trees, there was a bird’s nest; the mother bird was resting peacefully on her eggs. That’s a picture of “peace in a storm.”

We’ve all experienced many types of storms in our lives. It’s been said you are either coming out of one, in one now, or there’s one just ahead! We are all in a storm right now called COVID-19. The question is, can we be at peace in the midst of this storm? For me, my peace comes from my faith in the Lord. From past storms that I have weathered over the decades, I’ve come to realize my faith actually grows through the storms.

Here’s what true peace means to me; it doesn’t necessarily mean all is going well. True peace is a condition of my heart. It’s the result of completely trusting in the Lord, no matter what is going on in the natural or the spiritual. It’s experiencing God’s perfect love that drives out all fear. True peace is a gift from God! I pray for The Garlands Community to experience God’s peace in this storm.

Philippians 4:6-7 NIV: *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*



In Remembrance

A subcommittee of the *Member Advisory Committee* (MAC) met to revisit and refine procedures for announcing the passing of a Garlands member and to discuss ways to better meet the needs of the spouse and family. The subcommittee requested that The Garlands develop a button on the *MyGarlands app* that lists the names and dates of member passings from January, 2020, to the present. This list will be continuously updated. The button, entitled *In Remembrance*, has been implemented and can be identified by the bird (shown above).

We continue to place the announcement of a member’s death on the credenza next to the Robie Lounge with a photograph, a candle, a flower, and a tray to hold the obituary and celebration/funeral arrangements of the deceased, depending on the wishes of the surviving spouse or family members. A gold card with the name and date of the member’s death, a candle, and the new addition of a tray for the obituary and arrangements, are placed on the credenzas in Buildings 2 and 3, by the mail rooms. Creating the dedicated *In Remembrance* button on the *MyGarlands app* gives members another way to learn of the passing of a Garlands member.

It is the goal of all Garlands staff to treat all member passings with grateful appreciation of members’ lives and to respectfully grant the wishes of the bereaved spouse and/or family.

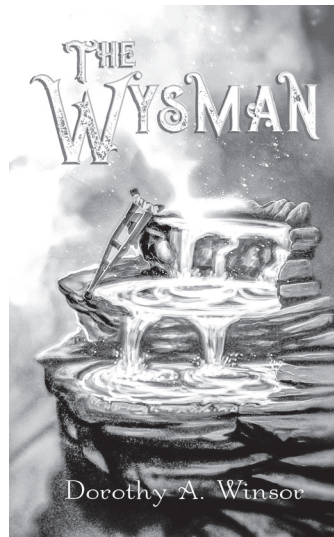
Garlands Author, Dorothy Winsor, Publishes Fourth Young Adult Novel

Post retirement, Dorothy Winsor took up a second career as an author writing young adult fiction. She has published three books and is releasing a new young adult novel, *The Wysman*, this summer. Her advice to others who are considering pursuing new dreams in retirement:

"Don't doubt yourself! Be brave enough to try new things no matter what your age."

A longtime English Professor who taught technical writing at Iowa State University, Winsor says, *"Though I read plenty of fiction, I never thought of myself as creative enough to write it."* **Turns out, she was wrong!**

Her soon-to-be released fourth book is about a street kid turned advisor of a king who is determined to hunt down the person who is making poor children disappear. The central character



in *The Wysman*, and a reoccurring character in Dorothy's books, Jarka, was born with a disability, a crooked foot, and uses a crutch. However, in the world of the book, the gods never take anything away without giving something back. In Jarka's case, although the disability doesn't define the character, the crooked foot is what gives him the ability to read the wind, a key attribute in his quest.

As she developed Jarka's character, Dorothy thought about how disability is something that happens in real life and that *"books shouldn't erase it."* She reveals, *"The Wysman is about the way people who are out of place or who don't easily fit in are sometimes the most perceptive about what's going on around them."* It is an important message for her young adult audiences for whom "fitting in" can be a big concern.

Since moving to The Garlands, *"fitting in"* hasn't been a problem for Dorothy who finds motivation, support and camaraderie with other local writers. *"One of the great things I found when we moved to The Garlands was the Barrington Writers Workshop. The Workshop has been meeting for decades, usually in the public library next door to my home at The Garlands. You can't get more convenient than that,"* she quips.

She also joined two book clubs at The Garlands. *"I read all the time on my own, however belonging to the book clubs expanded what I chose to read and showed me how social reading, or really the aftermath of reading, can be,"* she says. Left to her own, Dorothy reads novels across genres, including fantasy, young adult, mysteries and literary fiction, almost exclusively, but not as much non-fiction, biography or memoir. She says, *"My new book clubs have pushed me to change that situation."*

Dorothy's new book, *The Wysman*, is available online, at selected bookstores, and is available for pre-order now directly from publisher, UK-based *Inspired Quill* at www.inspired-quill.com.

Don't miss her book launch celebration! (Page 2)





Garlands Members Get Into the Spirit of Nation Senior Fitness Week

Phyllis Hamilton, Bethanie Lochman and Lucy participate in the Garland's fitness circuit during *National Senior Fit Week!*

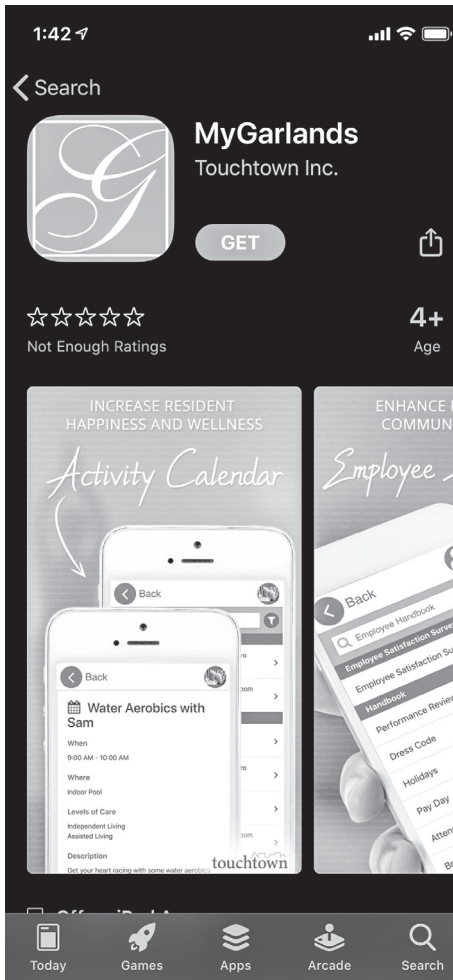
June Birthdays



Wishing a Happy Birthday to those members celebrating their special day this month. Whether or not you have a birthday, please turn to Channel 17 at 1:30 pm on Saturday, June 6, to see Andrew Blendermann's unusual Garlands performance. *For more information, see Birthday Bash on Page 2.*

Carole Poulos, Jun 1
Betty Schmidt, Jun 2
Bob Jeschke, Jun 3
Joanne Larson, Jun 3
Jim Feller, Jun 4
Mike McLaughlin, Jun 5
Sarah Robertson, Jun 6
Deanne Born, Jun 7
Len Wicklund, Jun 8
Janet Hansen, Jun 9
Elaine Reitmeister, Jun 10
Shirley Leichter, Jun 11
Laurel Skomer, Jun 11
Lionel Lenz, Jun 12
Donna Rubino, Jun 13

Sue Ellen Griffin, Jun 15
Mary McCarthy, Jun 15
Robert Ellis, Jun 16
Ron Goldenstern, Jun 16
Ron Lang, Jun 16
Joyce Carlson, Jun 17
Barb Kenney, Jun 18
Janet Lareau, Jun 21
Dick Schmidt, Jun 22
Donna Mulholland, Jun 23
Dick Bringaze, Jun 23
Jacqueline Banfield, Jun 24
Harry Burkner, Jun 25
Gary Griffin, Jun 26
Betsy Bossong, Jun 26



MyGarlands

Thanks to member **Deanna Born's** good suggestion, the *Gazette* has a new home on your *MyGarlands* app. Look for the *Gazette* and Calendar icon near the top.

If you're not currently using the *MyGarlands* app on your phone, tablet, or computer, you're missing an excellent way to know – *in a jiffy* – everything happening at The Garlands: Dispatches, *Gazette*, Member Directory, menus, all the slides on Channel 16, and more! Your family may log on any time as a guest. On your computer go to *MyGarlands.org*. On your cell or tablet, download the *MyGarlands* app.

Questions? Call Nate (77415) or Lynn (*13) in Activities.

Pop-Up Convenience Store

Missing your regular shopping trips for incidentals? Or are you looking for something to stimulate you brain (or at least get your mind off the news)? Need a few groceries on hand? See the Concierge for either of our in-house pop-up store order forms and to place your order and we'll deliver your supplies to your doorstep! All charges will be applied to your monthly statement.

Garlands Emails for Family Members

Would you like for your adult children to receive periodic emails from The Garlands? Some family members really appreciate these updates, especially at this time. If so, please call Amy at *21 or email her Amy@thegarlands.com.

Connect Through a Video Visit

We LOVE connecting you with family and friends via video visits! Whether it's *Zoom*, *FaceTime*, *Amazon Echo Show*, the *Facebook Portal*, or any other platform (method), we want to make it happen for you. Call Lynn Adams (*13) or Nate Szkil (77415) in Activities, and we'll help you connect. Or have your families call us (847-756-3200) so we can develop a solution for you!



THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call Inspira!

FEEL Better. AGE Better. LIVE Better.

We Get By With a Little Help From Our Friends!

It's times like these when we all really appreciate community. *Our extended community is no exception!*
Special thanks to:



**BMW of
Barrington**

Motorworks BMW of Barrington who thoughtfully donated **hand sanitizer and disinfectant wipes** that they secured from their vendor at a time when both of these supplies were scarce. They thought of The Garlands because many of our members are also customers of theirs.



NICL Lab provided a large quantity of **antibody test kits** and Barrington Family Medicine's clinical team set-up a two-day, on-site clinic for the convenience of our team members and conducted antibody screening for all Garlands staff. This was a pro-active choice that we at The Garlands were grateful to be able to pursue and execute on as a part of our ongoing effort to help keep our community safe.



PMA Companies Old Republic Insurance Group who catered a **healthcare heroes luncheon** from Moretti's Ristorante for all Garlands team members.



THE GARLANDS®
— of Barrington —

A Breathtaking View

... in every season!



1000 Garlands Lane, | Barrington, IL 60010
thegarlands.com | (847) 756-3000

