

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

April 2024



Jake playing Irish pieces on his cello.



Mary making bracelets with one of the GlamourGals.



A visit from the GlamourGals giving **Members** manicures.



Members picking out their colors for manicures.

April Special Events



Dave Rice

Tuesday, April 2 at 3:00 pm

Dave is new to the community, who is a dynamic vocalist and keyboard player, bursting onto the scene

with infectious energy. His performances are a blend of high-octane charisma and soulful passion, captivating audiences with his versatile repertoire. Influenced by the blues, Dave pays homage to legends like Jerry Lee Lewis, Frank Sinatra, Elvis Presley, Marvin Gaye, and Frankie Valli. His sets span across genres, delivering electrifying renditions of Motown classics, heartfelt country ballads, timeless oldies, swinging big band hits, smooth jazz standards, and of course, soul-stirring blues numbers. Dave Rice is the embodiment of musical versatility and fervor, leaving audiences spellbound wherever he takes the stage.



Kristin Ashley

Wednesday, April 10 at 2:30 pm

The Era of Art Nouveau

Join Kristin as we explore the swirling designs of Art Nouveau in painting, sculpture, stained glass, architecture, and jewelry. Inspired by nature and the Arts and Crafts movement, this beautiful new style of art dominated Western art and design from the 1880s to the start of World War I.



**Wildbird Shack
presents:
Butterfly
Stakes Craft**

*Tuesday, April 16 at 2:00 pm, Memory
Enhancement*

Test your knowledge of birds and their behavior. It's also a fun way to learn about birds.



Jenny Riddle

*Wednesday, April 17
at 10:30 am*

Everyone remembers Julie Andrews as Mary Poppins and Maria Von Trapp, but who was she before that? The voice that

Julie Andrews thought of as a "gimmick" at age 10 became one of the most recognizable voices in the world. Join Jenny as she dramatizes the life of Julie Andrews, before she was Mary or Maria, telling her story and singing her songs, in her presentation of Julie Andrews' memoir, *Home: The Early Years*.



Jim Kendros Music Appreciation

*Wednesday April 24
at 2:00 pm*

Beethoven like Never Before!

We all know Beethoven's Fifth Symphony and the Moonlight Sonata. But now Jim casts these immortal masterpieces in a new light! Jim will show you how to listen to and understand these works in ways you may have never before imagined! Discover the classical music expert in you-let Jim show you how to expand your own musical horizons!

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password ***feelyoung***.

April Special Events



Frank Rossi
Saturday, April 27
10:30 am

Frank Rossi and his band are a powerhouse ensemble, led by Frank himself on keyboards, accordion, and vocals, alongside a talented saxophonist and dynamic drummer.

Their performances are a whirlwind of high-energy excitement, delivering a sensational mix of all-American music that leaves audiences craving more. From soulful ballads to upbeat dance numbers, their repertoire spans the rich tapestry of American musical heritage, captivating listeners with their infectious rhythms and electrifying melodies. With unparalleled passion and skill, Frank Rossi and his band guarantee a morning of unforgettable entertainment and fantastic music that will have everyone on their feet and dancing the morning away.

Spiritual Expressions

Catholic Communion Service

Tuesdays: 10:00 am in the 3rd Floor Lounge;
10:30 am SN

Tune in: EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

Morning Devotion

Thursdays at 10:30 am

2nd Thursday at 10:30 am with Rev. David

Afternoon Devotion

1st Monday at 2:00 pm with Chaplain Laurie

Sundays:

9:30 am, Catholic Mass with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30 am, Joel Osteen

Lakewood Church Service on Lifetime
- Channel 29

11:00 am, Presbyterian Church streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew
www.stmatthewbarrington.org

Fitness Corner



Fitness with Adrian!

Chair Exercise

Memory Enhancement
Monday - Saturday at
9:30 am

Assisted Living
Monday, Wednesday,
Friday, Saturday at
11:30 am

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor technicians: Blueish Grey

Member Services: Blue Collared Shirts

Bulletin Board

Pet Therapy

Every Friday

Adrian brings one of his pups in for some pet therapy!



Desi



Talon



Rocco

Cubs/White Sox Opening day in Chicago.

Monday, April 1 at 12:00 pm

Step into the ultimate baseball fan experience for opening day for the Chicago Cubs and White Sox at their home parks! As you indulge in classic ballpark fare, including juicy hotdogs, sizzling burgers, savory bratwurst, crispy fries, and creamy potato salad. Complete your meal with a delectable dessert, all while cheering on your favorite team in style.

Art Class with Kim

Friday, April 12 and April 26 in the Art Studio

Assisted Living at 2:15 pm

Memory Enhancement at 3:30 pm

Kim Bird is an amazing art teacher and loves working with everyone no matter what skill level they are. Come and enjoy a painting session with Kim!

****Members staying at Skilled Nursing can attend. Please let staff know if interested.***

Wine and Fruit Social!

Thursday, April 18 at 3:30 pm at the Skybox

Let's enjoy everyone's company at the Skybox and play a game everyone can have fun at! Wine, Beer, and non-alcohol will be available.



Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Monday, April 1 at 10:00 am

Memory Enhancement Drumming Circle

Wednesday, April 3 at 10:30 am

Drum Circles provide several health and medical benefits and are always fun and entertaining. However, they can become tedious when facilitating the same program, and participants may lose interest. So, we bring a great innovation to the drum circle – music appreciation, tailored music suited to our audience, and versatile activities. Every month we focus on a different theme based on a musical style, artist, or country. Several different therapeutic exercises and musical activities are performed, providing health benefits, participation, and fun! While we repeat some exercises to develop routine, we also introduce new activities to keep it interesting. This method develops continuity for working with our clients regularly. You'll use different parts of your body and brain to build muscle, alertness, memory, thinking, and physical coordination. The musical themes provide insight and education for every participant, regardless of whether you have played an instrument or not! Your mind stays active, learning key highlights of the musical or artistic style. Enjoy jamming along to the music using rhythm and release some stress.

The Yarn Gang!

Thursdays at 2:30 pm

What is The Yarn Gang? It is a club for members wanting to knit or crochet. We first want to meet to see what our goals for the group are. We also want to show some of the members adaptive equipment to make this wonderful hobby easier for us. We encourage any level of knitters and crochet to come!

Bulletin Board

Book Club

Friday, April 19 at 2:30 pm

Bingo and Cards Games with the Glamour Gals

Saturday, April 20 at 2:30 pm

A couple of Barrington High School students founded a chapter in the area called Glamour Gals. Will be planning to host a game of bingo and other cards games.

Movies at Prairieview!

Skybox Lounge at 2:00 pm

April 6 *The Other Shore*

April 13 *It's Complicated*

April 27 *Apollo 13*

Discovery Series on Sundays

Skybox Lounge at 2:00 pm

April 7 *Frida*

April 14 *Oppenheimer: The Real Story*

April 21 *The Mostly Serious History of Wine*

April 28 *Scotty and the Secret History of Hollywood*

Resident Council

Monday, April 8, 3:00pm, 2L

Thursday, April 11, 10:00 am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! As Jerry Grossi graciously continues as President of the Assisted Living Council, we do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

Crafty Corner:

Monday, April 29 at 2:30 pm

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee. Moriarty@Illinois.gov.

Bus Outings

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! **Please call the concierge at *37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are two wheelchair spots available. **We need three or more members to be able to go on all bus outings.** Cost is on your own.

Lunch at the Winslow

Wednesday, April 3 at 12:00 pm

Dinner at the Grill

Monday, April 15 at 5:00 pm

Lunch Bunch Outing: Bakers Square

Thursday, April 25 at 12:00 pm

Shopping Trips

Walgreens: Friday, April 5 at 10:00 am

Target: Friday, April 12 at 10:00 am

Walmart: Friday, April 19 at 9:45 am

For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

THE GARLANDS®
Inspira

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.



Happy Birthday
to everyone born in
APRIL!

Mary M.	4/6
John G.	4/21
Caroline	4/24

**Get to Know Your Neighbor:
CAROLINE O'LAUGHLIN**

What parenting advice would you have to give to everyone?

Always show love.

What's your favorite memory?

Going to Europe.

What was your favorite place you visited with your family?

Going to Washington, DC.

What's the first thing you thought when you discovered you were going to be a mother?

Very happy!

What was the biggest challenge of becoming a mother?

Trying to raise them correctly.

What's one thing you want people to remember about you?

Wants to be remembered by always giving, fair, and friendly.

If you could go back and relive one day in your life again, which one would it be?

The day she graduated college.

If you could pick one family recipe to pass on, which one would it be?

Her mother's Christmas cookies.

What's your favorite flower?

Roses.

