



PRAIRIEVIEW
— at The Garlands —



WHEN ONLY **THE BEST** WILL DO

ASSISTED LIVING | MEMORY CARE | SKILLED NURSING

REST ASSURED

While living independently is critical to health and happiness, there may come a time when a little help with everyday activities can make a big difference in how much you or your loved one enjoys life.

Rest assured with Prairieview at The Garlands discreet support and a full ***continuum of care*** that includes assisted living, memory care, therapy, transitional care and convenient, on-site skilled nursing care.

Prairieview residents enjoy a social environment, healthy lifestyle and access to reliable nurses and caregivers around the clock. In addition, their families take comfort in knowing support systems are in place for their loved one to live as independently as possible for as long as possible.



CONVENIENT SERVICES

Leave the work and worry of beautifully maintained grounds and sparkling clean surroundings to us and take comfort in the new-found freedom of life at Prairieview.

Here, residents enjoy The Garlands signature cuisine, and nurses and certified nursing assistants help with daily activities, such as bathing, dressing and medication reminders, and monitor care 24-hours-a-day. Plus Prairieview offers an award-winning life enrichment program featuring personal fitness training, unique programming and engaging social, educational, recreational, spiritual and cultural events.

Our inclusive services are priced competitively. There are no large up-front entrance fees, and our generous service plans are inclusive.



COMFORTABLE HOMES

All of Prairieview's studio, one- and two-bedroom spacious, comfortable homes feature larger-than-most open floor plans, full kitchenettes in assisted living and ample storage.

INVITING GATHERING AREAS

The common areas of Prairieview at The Garlands are warm, inviting living rooms where residents gather for discussion groups, performances and social events. Plus beautiful on-site hotel suites and restaurants contribute to a delightful experience for out-of-town guests and visitors.

Prairieview amenities include:

- Convenient dining room
- Cozy living rooms
- Beauty and barber shops
- Beautifully landscaped grounds
- Hotel suites for visiting guests
- Library
- Multi-purpose activity rooms
- On-site primary care physician office
- Concierge service
- Valet parking
- On-site physical, occupational and speech therapies – fitness center

"We felt that Prairieview was obviously devoted to pampering...which is exactly what we wanted for our mom."



UNIQUELY YOU

At Prairieview at The Garlands, we respect each resident's individuality, and offer a variety of lifestyle, service and care options. Our "uniquely you" approach doesn't stop there. Whatever our residents' preference – cream or sugar, breakfast-to-go, art class on Tuesdays – their choice is our priority.

CARE-FREE SUPPORT

Some residents find that help with maintenance, housekeeping and laundry, meals, activities, periodic check-ins and transportation to and from local appointments is all the support they need. Our care-free service option, plus access to all The Garlands amenities, is just perfect for them and provides all the peace of mind they need.

ASSISTED LIVING

At Prairieview Assisted Living, we provide more than support – we anticipate needs and lift spirits while offering a helping hand and the utmost in respect. Our nurses and certified nursing assistants help residents with daily activities, such as bathing, dressing and medication reminders, and monitor care 24-hours-a-day.



Our highly qualified team is well trained in The Garlands customer service standards.

MEMORY CARE

The Prairieview Memory Care program supports members who have Alzheimer's disease and other related dementias. Here licensed nurses and certified nursing assistants, all of whom have specialized training in caring for people with memory loss, provide daily assistance, medication management and frequent safety checks as well as activities tailored to the individual's interests and abilities.

SKILLED NURSING

Members of The Garlands who require specialized, long-term care or short-term rehabilitation have access to Prairieview's Skilled Nursing residences. A full complement of services, including occupational, physical and speech therapies, provide a convenient path to recovery for those recuperating from temporary illness or in need of ongoing nursing care.

We offer *high*
staff-to-resident
ratios and registered
nurse levels that
exceed the state's
guidelines.





PRAIRIEVIEW AT THE GARLANDS

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*"Our mother taught all of her kids the fine
art of caring. With the help of Prairieview,
we are honoring her legacy."*