## MEMORY ENHANCEMENT

## Service Guidelines

## LEVEL ONE MEMORY ENHANCEMENT:

- Three meals served daily in the Dining Room; menus change daily to ensure exceptional variety
- Nutritional needs monitored to ensure well balanced diet and specialized diets available as needed
- Healthy snacks and beverages available throughout the day
- · Weekly housekeeping service
- Laundering of resident-provided sheets and towels
- Weekly personal laundry service
- Daily light tidying, including garbage disposal and bed-making
- Resident-focused therapeutic activity program based upon interests and abilities
- Specialized staff with focused training in serving the unique needs of people who have memory impairment
- Supportive and comfortable setting with cozy common living area and protected sensory garden
- Secured environment
- Frequent safety checks 24-hours-a-day
- Functional assessment completed for initial needs and for developing an ongoing care and service plan

- Quarterly assessments completed to evaluate needs
- Scheduled transportation for programs and events
- Daily minimal assistance with dressing and grooming
- Assistance with bathing (up to twice weekly)
- Medication administration by licensed nurse
- Escorts available within Prairieview
- Licensed Nurses and Certified Nursing Assistants

## **LEVEL TWO** MEMORY ENHANCEMENT in addition to components in Level One:

- More frequent assistance with bathing (up to daily)
- · Daily hands-on assistance with dressing and grooming
- Daily hands-on assistance with transfers and/or ambulation



