

Service Guidelines

LEVEL ONE ASSISTED LIVING:

- Three meals served daily in Dining Room; menus change daily to ensure exceptional variety
- Healthy snacks and beverages are available throughout the day
- Weekly housekeeping service
- Weekly laundering of resident-provided sheets and towels
- Weekly personal laundry service
- Daily light tidying, including garbage disposal and bed-making
- Daily social, educational, cultural and recreational programs and events tailored to residents' interests and abilities
- Functional assessment completed for initial needs and for developing an ongoing care and service plan
- Quarterly assessments completed to evaluate needs or change in condition
- Scheduled transportation for shopping and events
- Minimal assistance and support with dressing and grooming
- Stand-by assistance with bathing (up to twice weekly)
- Minimal cueing for meals and activities
- Medication management provided through The Garlands preferred pharmacy
- Regular check-ins to monitor safety
- Licensed Nurses and Certified Nursing Assistants available 24-hours-a-day
- Basic cable television service
- Personal trainer with classes
- Emergency call pendant
- Residence maintenance, including all major appliances
- All utilities

LEVEL TWO ASSISTED LIVING

in addition to components in Level One:

- Assistance with bathing (up to five times weekly)
- Daily assistance with dressing and grooming
- Daily cueing for meals and activities

LEVEL THREE ASSISTED LIVING

includes all of the components in Level One and Two, plus the following:

- Incontinence management, including more frequent personal laundry and garbage disposal
- More frequent assistance with bathing (up to daily)
- Daily hands-on assistance with transfer
- Daily hands-on assistance with dressing and grooming



PRAIRIEVIEW
— at The Garlands —

