

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

April 2025



Members having fun at a Mardi Gras party!



Prairieview Members enjoying themselves at Mardi Gras!



Members taking a walk with beautiful weather.



Enjoying the weather!

THE GARLANDS®
Inspira

FEEL Better. AGE Better. LIVE Better.



April Special Events



Jane Allyson

Wednesday, April 2 at 3:00 pm

Please give a warm welcome to Jane Allyson as she is new to Prairieview. With 20 years of stage magic, Jane brings high-energy performances, captivating stories, and interactive fun to every show. From 30s jazz to 80s pop, her powerhouse vocals and vast selection will have you singing, dancing, and laughing along. Trained at Second City, Jane knows how to turn every performance into a party. Don't miss her electrifying blend of music, trivia, and pure joy!



Kristin Ashley

Wednesday, April 9 at 2:00 pm

Art in Bloom: Artists Inspired by Spring

From flowering orchards to colorful gardens, artists have long been inspired by the joy of springtime and new beginnings. Join art historian Kristin Ashley in celebrating the arrival of spring as we view spring-themed artwork by Claude Monet, Pierre-Auguste Renoir, Vincent Van Gogh, Pierre Bonnard, Gustave Klimt and more.



Wildbird Shack

Presents:

Soaring with the Birds

Tuesday, April 15 at 2:00 pm

Woodpeckers are truly captivating creatures, boasting a wealth of distinctive traits. Their chiseled beak serves as a precise tool for drilling and excavating nests. Perhaps most astonishingly, their long tongue acts as insulation, safeguarding their skulls during the intense hammering process. Let's take a deep dive into the world of Woodpeckers.



Abigail Richards

Wednesday, April 16 at 3:00 pm

Please welcome back the sensational Abigail! Get ready for a night of unforgettable energy and soul as Abigail returns to the stage! Known for her smoky, personalized vocals and electrifying performances, she breathes fresh life into the Classic American Songbook while rocking pop hits and oldies from the 50s to the 90s. From Billy Joel to Aretha, Elton John to Sister Sledge, Abigail's versatile sound and high-octane stage presence will have you dancing in your seat!

A NYC jazz scene veteran, she's graced iconic venues like Birdland and the Jazz Standard, collaborating with some of the world's finest musicians. Whether she's delivering jazz classics or belting out timeless pop anthems, Abigail's performances are pure magic. Don't miss your chance to experience her dazzling new look and sound—it's going to be a night to remember!



Jim Kendros Music Appreciation

Wednesday, April 23 2:00 pm

April Adagios

Spring is here, and Jim Kendros returns with beautiful Springtime music! Experience one of the most expressive aspects of classical music, the Adagio! Highly emotional in expression yet soothing in its tempo, the Adagio offers exquisite moments of self-reflection while touching your heart! Experience the powerful declarations of Beethoven, the elegant yearnings of Mozart and the impassioned longings of Chopin. Enjoy an hour of perfect Springtime music with Jim Kendros!

April Special Events



Jake Muzzy
Wednesday, April 30 at
3:00 pm

Schumann & Shelley

Lyrical romanticism is supreme in Robert Schumann's cello concerto, depicting his great love for his Clara. Paired with the poetic fire of Percy Bysshe Shelley "a superb craftsman, a lyric poet without rival". With Jake Muzzy, guest lecturer and cellist.



Crafty Corner with Janette
April 22 at 2:00pm

April showers bring May flowers... so let's get crafting! Join Janette for a fun, paper flower

project that everyone will enjoy! Transform colorful paper into blooming masterpieces that'll brighten any space—no green thumb needed!



Irish Tenor Gavin Coyle

Bus Outings

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! **Please call the concierge at *37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are two wheelchair spots available. **We need three or more members to be able to go on all outings.** Cost is on your own.

Lunch at the Winslow

Wednesday, April 2 at 12:00 pm

Dinner at the Grill

Monday, April 14 at 5:00 pm

Shopping Trips

Walmart: Friday, April 4 at 9:45 am

Target: Friday, April 18 at 10:00 am

For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

Fitness with Adrian



Chair Exercise

Memory Enhancement:
Monday-Friday, 10:00 am

Assisted Living:
Friday, 11:30 am

Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

Nurse: Black
CNA: Blue
Activities Assistants: Purple
Dining: Grey

House Keeping/Floor technicians: Blueish Grey
Member Services: Blue Collared Shirts

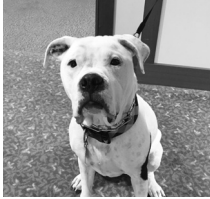
Bulletin Board

Pet Therapy *Every Friday*

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

Fun Friday with Adrian

Friday, April 11 at 2:00 pm

Get ready to roll into fun with our brand-new program featuring the one and only Adrian! Say hello to Fun Friday! Kicking things off with Table Bowling, yes, you heard that right! Grab your neighbors, aim for a strike, and let the good times roll. And that's just the beginning! Once month, Adrian has something fresh, fun, and totally unexpected planned to keep the energy high and the smiles wide. Mark your calendars, bring your A-game, and get ready to make some unforgettable memories. Let's turn Fridays into the highlight of your month!

Walking/Outside Club

Get ready to soak up the sunshine and embrace the good vibes because amazing weather is just around the corner! Whether it's spontaneous adventures or just relaxing with friends under the sun, these are the days we've been waiting for. Let's go outside and get some fresh air!

Monday Tea and Coffee Chats

Monday at 10:00 am

Tea and Coffee Chats is a casual, informal social gathering where individuals come together to enjoy a cup of tea or coffee while engaging in friendly conversation. These chats are typically laid-back and designed to foster connection, allowing people to relax and discuss a variety of topics, ranging from personal experiences to current events or even lighthearted banter.



Drumming Circle with Lucas

Skilled Nursing:

Monday, April 7 at 10:00 am

Memory Enhancement: Wednesday, April 2 at 10:30 am

Drum Circles provide several health and medical benefits and are always fun and entertaining. However, they can become tedious when facilitating the same program, and participants may lose interest. So, we bring music appreciation, tailored music suited to our audience, and versatile activities. Each month focuses on a different musical style, artist, or country.

Several different therapeutic exercises and musical activities are performed, providing health benefits, participation, and fun! While we repeat some exercises to develop routine, we also introduce new activities to keep it interesting. This method develops continuity for working with our clients regularly. You'll use different parts of your body and brain to build muscle, alertness, memory, thinking, and physical coordination.

The musical themes provide insight and education for every participant, regardless of whether you have played an instrument or not! Your mind stays active, learning key highlights of the musical or artistic style. Enjoy jamming along to the music using rhythm and release some stress.

Room Reservations

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. **Email William at wvangiesen@thegarlands.com.**

Bulletin Board

News Currents

Wednesday at 10:00 am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Reading Out Loud with Barb!

*Tuesdays and Thursdays at 2:00 pm
in the Argyle Living Room*

Get ready for a fun-filled reading adventure with Barb, our amazing volunteer at Prairieview! She'll be bringing a book to life as she reads out loud and sparks lively discussions. It's all happening in the cozy Argyle Living Room, and you're invited to join the fun! Come for the story, stay for the conversation, and let's make it a day to remember! Don't miss out—bring your curiosity and your love for books!

Resident Council

*Wednesday, April 9, 10:00 am,
Skilled Nursing Lounge*

Thursday, April 10, 2:00 pm, 2L

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

Movies at Prairieview!

Skybox Lounge at 2:00 pm

<i>April 5</i>	<i>Hoosiers</i>
<i>April 12</i>	<i>The French Connection</i>
<i>April 19</i>	<i>Run Away Jury</i>
<i>April 20</i>	<i>Easter Parade</i>
<i>April 26</i>	<i>The Poseidon Adventure</i>

Discovery Series on Sundays

Skybox Lounge at 2:00 pm

<i>April 6</i>	<i>Playing with Sharks</i>
<i>April 13</i>	<i>Stutz</i>
<i>April 27</i>	<i>Man on Wire</i>

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting. *Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.*

Save the Date

Lake Geneva Boat Tour

Look out for a flyer in April for more details. We are planning to go in May.

Summer Party Featuring the Scramble

Friday, June 27 at 3:00 pm at the Prairieview Patio!

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



Happy Birthday
to everyone born in
APRIL!

Nancy F.	4/1
Mary M.	4/6
Jean R.	4/14
Eduard J.	4/18
Caroline O.	4/24
Anne C.	4/26

Spiritual Expressions

Catholic Communion Service

Tuesdays: 10:00 am in the 3rd Floor Lounge; 10:30 am SN

Tune in: EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

Morning Devotion

Thursdays at 10:30 am

Devotion with Chaplain Stacia

Monday, April 14 at 2:00 pm, AL

Sundays:

9:30 am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30 am, **Joel Osteen** Lakewood Church Service on Lifetime - Channel 29

11:00 am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service, St. Matthew www.stmatthewbarrington.org

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