

PRAIRIEVIEW OST

A newsletter for Prairieview Members and their families

May 2025



Makeovers with the Glamour Gals



Table Top Bowling with Adrian



Table Top Bowling Winners



Bowling Fun

THE GARLANDS[®]
Inspira
FEEL Better. AGE Better. LIVE Better.

BEST
NURSING HOMES

& WORLD REPORT
U.S. News

SHORT-TERM
REHABILITATION
2019-2025

May Special Events



Dave Rice, The Piano Man *Wednesday, May 7 at 3:00 pm*

Get ready for an unforgettable afternoon! Please join us in welcoming back the one and only Dave Rice! Dave is

a high-energy, powerhouse musician, bringing the best tunes from the 40s all the way to today. With deep roots in the blues, he'll keep you grooving with everything from Rock and Motown to Country, Oldies, Big Band, Jazz, Blues, and so much more! Get ready to dance, sing along, and have a blast as Dave takes the stage! You won't want to miss this!



Larry Ortega Rockin' Rhythm Percussion Party

Monday, May 12 at 3:00 pm

Please welcome back Larry with his exciting, interactive,

and unique program giving us a fun outlet to play along to familiar songs and create their own new music! Larry will make it easy for anyone to play along as he teaches us easy rhythms to play Disco, New Orleans Zydeco, Cajun, Motown, Rock, and Latin! So come on down and Rock and Roll with us!



Wildbird Shack Presents: Nature and History meet Valley Forge

Tuesday, May 20 at 2:00 pm

Let's explore Valley Forge, Pennsylvania where General Washington's troops camped for a winter. We will learn the historical significance of the site. At 3,500 acres, the site also includes numerous hiking trails, unique natural features, and wildlife. Wander through the nature of the preserve during this presentation.



Kristin Ashley *Wednesday, May 14 at 2:00 pm*

Frank Lloyd Wright: America's Architect

Join us as we explore the architectural legacy of iconic architect Frank Lloyd Wright. His innovative designs spanned 20th-century architecture from residential homes to offices, skyscrapers, and industrial, religious, and educational buildings. Wright's contributions included the innovative Prairie House style and defined mid-century modernism with structures such as Fallingwater and the New York Guggenheim. From Oak Park, Illinois to Arizona, New York, and beyond, Wright's architectural contributions transformed the American landscape.



Heather Braoudakis Presents My 70s Show

Wednesday, May 21 at 3:00 pm

What were you doing in the 1970s? Remember the "Way We Were," with "Mandy" and "Sweet Caroline," while coming to "America?" Neil Diamond, Captain & Tenille, John Denver, and more lite 70's favorites!

Frank Rossi with his Friends *Saturday, May 24 at 10:30 am*



Straight out of the vibrant streets of Chicago Heights, Illinois, Frank Rossi isn't just an accordion and keyboard maestro his band is a party explosion! For decades, this musical dynamo has been setting the Chicagoland scene on fire, leaving crowds breathless and begging for more. Frank and his band don't just play music, he creates unforgettable experiences. When Frank hits the stage, the energy skyrockets, the smiles spread, and the good times roll.

May Special Events



Jim Kendros Music Appreciation

Wednesday, May 28 at 2:00 pm

Brahms and The Schumanns: A Passionate Musical Triangle

May is the birthday month of Johannes Brahms, and Jim Kendros returns to highlight the timeless music of this amazing Romantic era master! Enjoy the exquisite orchestral music of Brahms as we celebrate his birthday month! Jim will also highlight the music of Robert and Clara Schumann, who were very close to Brahms. We'll explore the relationships of these three musical geniuses, and how their mutual support impacted their lives. Join Jim for an hour of truly romantic music from the Romantic era as we celebrate May and Brahms!

Movies at Prairieview

Skybox Lounge at 2:00 pm

<i>May 3</i>	<i>Glass Onion a Knives Out Mystery</i>
<i>May 10</i>	<i>Pride & Prejudice</i>
<i>May 11</i>	<i>Nonna's</i>
<i>May 17</i>	<i>Tombstone</i>
<i>May 24</i>	<i>Field of Dream</i>
<i>May 31</i>	<i>Two Week Notice</i>

Discovery Series

Skybox Lounge at 2:00 pm

<i>May 4</i>	<i>World's Greatest Hotels: The Ritz</i>
<i>May 18</i>	<i>The Irish Pub</i>
<i>May 25</i>	<i>The Gish Thief: A Great Lake Mystery</i>
<i>May 26</i>	<i>The Race to Save Yellowstone</i>

Bus Outings

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! **Please call the concierge at *37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are two wheelchair spots available. **We need three or more members to be able to go on all outings.** Cost is on your own.

Lunch at the Winslow
Wednesday, May 7 at 12:00 pm

Dinner at the Grill
Monday, May 19 at 5:00 pm

Shopping Trips
Walmart: *Monday, May 5 at 9:45 am*
Target: *Friday, May 16 at 10:00 am*

Scenic Route
Assisted Living, Tuesday, May 13 at 3:30 pm
Memory Enhancement, Thursday, May 22 at 2:00 pm

For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

Nurse: Black
CNA: Blue
Activities Assistants: Purple
Dining: Grsey
House Keeping/Floor Technicians: Blueish Grey
Member Services: Blue Collared Shirts

Fitness with Adrian

Chair Exercise

Memory Enhancement: Monday-Friday, 10:00 am
Assisted Living: Monday-Friday, 11:30 am

Bulletin Board

Pet Therapy *Every Friday*

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

Fun Friday with Adrian

Friday, May 9 at 2:00 pm

Get ready to roll into fun with our brand-new program featuring the one and only Adrian! Say hello to Fun Friday! Kicking things off with Table Bowling, yes, you heard that right! Grab your neighbors, aim for a strike, and let the good times roll. And that's just the beginning! Once month, Adrian has something fresh, fun, and totally unexpected planned to keep the energy high and the smiles wide. Mark your calendars, bring your A-game, and get ready to make some unforgettable memories. Let's turn Fridays into the highlight of your month!

Walking/Outside Club

Get ready to soak up the sunshine and embrace the good vibes because amazing weather is just around the corner! Whether it's spontaneous adventures or just relaxing with friends under the sun, these are the days we've been waiting for. Let's go outside and get some fresh air!

Room Reservations

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. **Email William at wvangiesen@thegarlands.com.**

News Currents

Wednesday at 10:00 am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Independent Pinochle Club

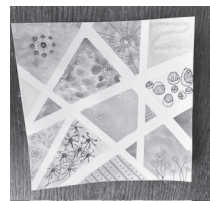
Tuesdays at 2:00 pm, Argyle Living Room

Calling all trick-taking enthusiasts! Our Independent Pinochle Club is a lively gathering for players of all levels—from seasoned pros to curious beginners. Whether you're here to sharpen your strategy, enjoy friendly competition, or just socialize over a classic card game, every hand promises excitement, laughs.

Wine Social

Friday, May 16 at 3:30 pm, Skybox Lounge

Sip, savor, and socialize! Enjoy an evening of exquisite wines and artisan cheeses, expertly paired for maximum deliciousness. Whether you're a connoisseur or just here for the good vibes, this is your chance to unwind, mingle, and indulge. Cheers to great taste and even better company!



Crafty Corner with Janette

Tuesday, May 27 at 2:00 pm

We will be doing a Piet Mondrian style painting. Mondrian's iconic abstract paintings feature crisp black grids and blocks of primary colors (red, blue, yellow) against white, embodying his pursuit of universal balance.

Bulletin Board

Resident Council

Assisted Living Resident Council:

Thursday, May 8, 2:00 pm, 2L

Skilled Nursing Resident Council:

Wednesday, May 7, 10:00 am,
Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

Save the Date

Morton Arboretum

Look out for a flyer in May for more details. We are planning to go in June.

Summer Party Featuring the Scramble

Friday, June 27 at 3:00 pm
at the Prairieview Patio!

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting. *Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.*



It's a Six-Peat!

For the sixth consecutive year, **Prairieview at The Garlands** earned *U.S. News & World Report's* "Best of" distinction.

This year Prairieview is among the elite group of skilled nursing centers that earned a "High Performing" rating, *U.S. News's* highest possible achievement.

U.S. News Best Nursing Homes ratings are based on an in-depth analysis of publicly available data, including ten quality measures that focus on staffing, medical outcomes, resident complaints, and care processes.

"We continue to take great pride in offering Garlands members a top-notch continuum of care that is conveniently located right on The Garlands campus at Prairieview at The Garlands," says Dawn L. Kempf, Vice President, COO & CCO, The Garlands of Barrington.



"U.S. News' annual recognition reflects the consistently high quality of care our Prairieview team members provide daily."

~ Dawn L. Kempf

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



Happy Birthday
to everyone born in
MAY!

James F. 05/16

Spiritual Expressions

Catholic Communion Service

Tuesdays: 10:00 am in the 3rd Floor Lounge; 10:30 am SN

Tune in: EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

Morning Devotion

Thursdays at 10:30 am

Devotion with Chaplain Stacia

Monday, May 5 at 2:00 pm, AL

Devotion with Chaplain Rhonda

Wednesday, May 7 at 10:00 am, ME

Sundays:

9:30 am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30 am, **Joel Osteen** Lakewood Church Service on Lifetime - Channel 29

11:00 am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service, St. Matthew www.stmatthewbarrington.org

Good Friends Make GREAT Neighbors!

Rare and limited access to Prairieview assisted living residences and the continuum of support services—memory care, short-term rehabilitation, and skilled nursing—is currently available for residents from outside of The Garlands community.

"Current, limited availability at Prairieview assisted living means we are now able to extend this opportunity to Garlands members friends and families as time permits," says Michelle Murphy, Director of Sales and Marketing at The Garlands.

Please feel free to share this rare opportunity with your friends and family who may have expressed an interest in exploring our award-winning Prairieview services and lifestyle and invite them to call Michelle directly at 847-304-1996 to learn more.

6000 Garlands Lane, Barrington, IL 60010



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— of Barrington —

thegarlands.com | 847-852-3000

