

# PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

# POST

June 2025



**Members** enjoying each other at Mother's Day event.



**Friends** enjoying the outside.



**Memory Enhancement**  
**Mother's Day Tea.**



**Working on our craft.**

THE GARLANDS®  
**Inspira**

FEEL Better. AGE Better. LIVE Better.

**BEST**  
**NURSING HOMES**

& WORLD REPORT  
**U.S. News**

SHORT-TERM  
REHABILITATION  
2019-2025



## June Special Events



### **Maureen Presents Fan Favorites**

*Wednesday, June 4 at 3:00pm*

Get ready to be swept away by the Grammy-Nominated powerhouse,

Maureen Christine is back, and she's bringing her stunning vocals, electrifying energy, and all your favorite songs to the spotlight! From soulful ballads to show-stopping classics, Maureen's mesmerizing voice will have you singing along, dancing in your seat, and begging for more. This is one unforgettable performance you do not want to miss!



### **Kristin Ashley**

*Wednesday, June 11 at 2:00pm*

### **The Artists of Venice**

Join us as we study the artists of Renaissance-era Venice, including Titian, Giovanni Bellini, Paolo

Veronese and Venice's most prominent female artist, Tintoretta. We will also learn about the history of Venetian Carnival Masks and view some examples of this unique art form.



### **Wildbird Shack Presents: What Do Beekeepers Do?**

*Tuesday, June 17 at 2:00pm*

Take a journey through the eyes of a Beekeeper. We'll Talk about the prep, installation and the chores of the bees.



### **Randy McCallister Presents: Summertime**

*Wednesday, June 18 at 3:00pm*

For 10 electrifying years, Randy has been lighting up stages across Chicagoland with his smooth vocals, dynamic stage presence, and unbeatable versatility! Whether you're in the mood to dance, sing along, or just bask in the magic of these classics, Randy's got it covered. Get ready to groove, feel the love, and rock the house with unforgettable melodies!



### **Jim Kendros Music Appreciation**

*Wednesday, June 25 2:00pm*

### **Robert Schumann: Birthday of a Great Romantic**

June is the birthday month of the great romantic era composer Robert Schumann! Start your summer on a very expressive and romantic note as Jim Kendros delves into the music and life of this immortal musical giant. Brahms referred to his mentor Schumann as "Revered Master," and Schumann is truly one of the great masters of classical music! Explore Schumann's compelling and storybook romance with Clara, the remarkable concert pianist who became his beloved wife. Experience Schumann's Symphony # 4, an epic work inspired by his feelings for Clara and expressing their lifelong love. Be moved by the Piano Concerto in A minor, written for Clara and known as "a concerto for a pianist by a pianist." All this and more awaits you as Jim celebrates the beginning of summer with the highly romantic music of Robert Schumann!

## June Special Events



### Summer Party Featuring Scramble

Friday, June 27  
at 3:00pm at the  
Prairieview Patio!

It's that magical time of year, the sun is shining, the days are long, and it's time to kick off summer right! Join us for an epic Summer Party filled with good vibes, great friends, and unbeatable tunes! Scramble is an awesome band that will be rocking all your favorite hits, so get ready to sing along, dance, or just soak up the fun! Whether you're there for the music, the snacks, or just the awesome company, this is the party you won't want to miss.

### Art Class with Kaleidoscope!

Friday, June 6 with Carmella  
Friday, June 13 with Nicole

Assisted Living at 2:00pm  
in the Art Studio

Memory Enhancement at 3:30pm  
in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

## Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

**Nurse:** Black

**CNA:** Blue

**Activities Assistants:**

Purple

**Dining:** Grey

**House Keeping/Floor  
technicians:**

Blueish/Grey

**Member Services:**

Blue Collared Shirts

## Bus Outings

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens!

**Please call the concierge at \*37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are two wheelchair spots available. **We need three or more members to be able to go on all outings.** Cost is on your own.

### Lunch at the Winslow

Wednesday, June 4 at 12:00pm

### Dinner at the Grill

Monday, June 16 at 5:00pm

### Shopping Trips

Walmart: Monday, June 6 at 9:45am

Target: Friday, June 20 at 10:00am

### Scenic Route

Assisted Living: Thursday, June 19 at 2:00pm

Memory Enhancement: Monday, June 16  
at 2:00pm

For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

## Fitness with Adrian



### Chair Exercise

Memory Enhancement:  
Monday-Friday, 10:00 am

Assisted Living:  
Friday, 11:30 am

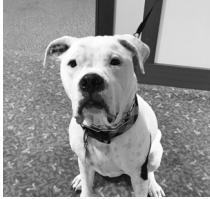
## Bulletin Board

### **Pet Therapy** *Every Friday*

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

### **Fun Friday with Adrian**

*Friday, June 13 at 2:00pm*

Get ready to roll into fun with our brand-new program featuring the one and only Adrian! Say hello to Fun Friday! Kicking things off with Table Bowling, yes, you heard that right! Grab your neighbors, aim for a strike, and let the good times roll. And that's just the beginning! Once month, Adrian has something fresh, fun, and totally unexpected planned to keep the energy high and the smiles wide. Mark your calendars, bring your A-game, and get ready to make some unforgettable memories. Let's turn Fridays into the highlight of your month!

### **Walking/Outside Club**

Get ready to soak up the sunshine and embrace the good vibes because amazing weather is just around the corner! Whether it's spontaneous adventures or just relaxing with friends under the sun, these are the days we've been waiting for. Let's go outside and get some fresh air!

### **Independent Pinochle Club**

*Tuesdays at 2:00pm in the Argyle Living Room*

Calling all trick-taking enthusiasts! Our Independent Pinochle Club is a lively gathering for players of all levels—from seasoned pros to curious beginners. Whether you're here to sharpen your strategy, enjoy friendly competition, or just socialize over a classic card game, every hand promises excitement, and laughs.



### **Drumming Circle with Lucas**

*Skilled Nursing:*

*Monday, June 2*

*at 10:00am*

*Wednesday, June 4*

*at 10:30am*

Drum Circles provide several health and medical benefits and are always fun and entertaining. However, they can become tedious when facilitating the same program, and participants may lose interest. So, we bring music appreciation, tailored music suited to our audience, and versatile activities. Each month focuses on a different musical style, artist, or country.

Several different therapeutic exercises and musical activities are performed, providing health benefits, participation, and fun! While we repeat some exercises to develop routine, we also introduce new activities to keep it interesting. This method develops continuity for working with our clients regularly. You'll use different parts of your body and brain to build muscle, alertness, memory, thinking, and physical coordination.

The musical themes provide insight and education for every participant, regardless of whether you have played an instrument or not! Your mind stays active, learning key highlights of the musical or artistic style. Enjoy jamming along to the music using rhythm and release some stress.

### **Room Reservations**

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable.

**Email William at [wvangiesen@thegarlands.com](mailto:wvangiesen@thegarlands.com).**

## Bulletin Board

### News Currents

*Wednesday at 10:00am*

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

### Wine Social

*Friday, June 20 at 3:30pm in the Skybox Lounge*

Sip, savor, and socialize! Enjoy an evening of exquisite wines and artisan cheeses, expertly paired for maximum deliciousness. Whether you're a connoisseur or just here for the good vibes, this is your chance to unwind, mingle, and indulge. Cheers to great taste and even better company!

### Resident Council

**Assisted Living Resident Council:** *Thursday, June 12, 2:00pm, 2L*

**Skilled Nursing Resident Council:** *Wednesday, June 11, 10:00am, Skilled Nursing Lounge*

**How are we doing?** What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

### Movies at Prairieview!

*Skybox Lounge at 2:00pm*

|                |                          |
|----------------|--------------------------|
| <i>June 2</i>  | <i>Conclave</i>          |
| <i>June 7</i>  | <i>Ocean's Eleven</i>    |
| <i>June 14</i> | <i>Murder Mystery</i>    |
| <i>June 15</i> | <i>A Father's Legacy</i> |
| <i>June 21</i> | <i>Murder Mystery 2</i>  |
| <i>June 28</i> | <i>The Walk</i>          |

### Discovery Series on Sundays

*Skybox Lounge at 2:00pm*

|                |   |
|----------------|---|
| <i>June 1</i>  | <i>Pangolin Kulu's Journey</i>                                      |
| <i>June 8</i>  | <i>National Parks USA: Yellowstone</i>                              |
| <i>June 22</i> | <i>Fur Babies: Not So Standard Poodles, Pups, and Personalities</i> |
| <i>June 29</i> | <i>Secret of The Whales: Orca Dynasty</i>                           |

### Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting. *Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact [Lee.Moriarty@Illinois.gov](mailto:Lee.Moriarty@Illinois.gov).*

### SAVE THE DATE!

#### Afternoon Jazz Band

**Featuring Carlo's** (from Member Services) **Band**  
*Thursday, July 17 at 3:00pm*  
*at the Prairieview Patio!*



# THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

## Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



*Happy Birthday*  
to everyone born in  
**JUNE!**

|              |      |
|--------------|------|
| Saddie R.    | 6/06 |
| Bonnie S.    | 6/06 |
| Joyce S.     | 6/08 |
| Elaine R.    | 6/10 |
| Christine M. | 6/14 |
| Mary K.      | 6/20 |
| Paul C.      | 6/30 |

## Spiritual Expressions

### Catholic Communion Service

*Tuesdays: 10:00am in the 3rd Floor Lounge; 10:30am SN*

**Tune in:** EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

**Morning Devotion** *Thursdays at 10:00am*

### Devotion with Chaplain Stacia

*Monday, June 9 at 2:00 pm, AL*

### Sundays:

*9:30am, Catholic Mass* with Cardinal Cupich from Holy Name Cathedral on Channel 7

*9:30 am, Joel Osteen* Lakewood Church Service on Lifetime - Channel 29

*11:00 am, Presbyterian Church* streaming service, [www.tvpchurch.org](http://www.tvpchurch.org)

### Lutheran Service, St. Matthew

[www.stmatthewbarrington.org](http://www.stmatthewbarrington.org)



6000 Garlands Lane, Barrington, IL 60010

[thegarlands.com](http://thegarlands.com) | 847-852-3000



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