

# PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

# POST

August 2025



Enjoying the music!



Friends enjoying the show.



Members having a blast at the Summer party.

THE GARLANDS®  
*Inspira*  
FEEL Better. AGE Better. LIVE Better.

**BEST**  
NURSING HOMES

& WORLD REPORT  
**USNews**

SHORT-TERM  
REHABILITATION  
2021-22



## August Special Events



### **Dave Rice The Piano Man!** *Wednesday, August 6, 3:00pm*

Get ready for an unforgettable afternoon! Please join us in welcoming back the one and only Dave Rice! Dave is a high-energy, powerhouse musician, bringing the best tunes from the 40s all the way to today. With deep roots in the blues, he'll keep you grooving with everything from Rock and Motown to Country, Oldies, Big Band, Jazz, Blues, and so much more! Get ready to dance, sing along, and have a blast as Dave takes the stage! You won't want to miss this!



### **Kristin Ashley** *Wednesday, August 13, 2:00pm*

**Odilon Redon: Symbols, Myth and Mystery**  
Nineteenth-century French artist Odilon Redon was a member of the 19th-century

Symbolist movement that included literature, music and art. Drawing from ancient mythology and his imagination, he created a colorful, dreamlike world on canvas. We'll explore the fantastic stories and allegories that inspired this enigmatic artist and learn how he used color and form to express feelings and emotions.



### **Maureen Christine** **Everyone's Favorite!** *Wednesday, August 20, 3:00pm*

Get ready to be swept away by the Grammy-Nominated powerhouse, Maureen

Christine is back, and she's bringing her stunning vocals, electrifying energy, and all your favorite songs to the spotlight! From soulful ballads to show-stopping classics, Maureen's mesmerizing voice will have you singing along, dancing in your seat, and begging for more. This is one unforgettable performance you do not want to miss!



### **Wildbird Shack Presents: Owls** *Tuesday, August 19 at 2:00pm*

Owls capture everyone's

imagination, and did you know that eight species live in Illinois? These birds of prey are some of the most unique creatures on the planet.



### **Jim Kendros Music Appreciation** *Wednesday, August 27, 2:00pm*

**Sweet Summer Music**  
The long, lazy days of August are here! Enjoy them even more with sweet music and Jim

Kendros! Jim will explore the very charming Concerto for Two Mandolins by Vivaldi, a wonderfully rare work which you're sure to love! Jim will also highlight Mozart's luscious Divertimento for Strings and Samuel Barber's Violin Concerto, a masterpiece of melody! Fascinating glimpses into the lives of the composers will be included. Join Jim as we revel in music to celebrate the warm, long days of August!

## Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

**Nurse:** Black  
**CNA:** Blue  
**Activities Assistants:** Purple  
**Dining:** Grey

**House Keeping/Floor technicians:** Blueish/Grey  
**Member Services:** Blue Collared Shirts

## ***Fitness with Adrian***



### **Chair Exercise**

*Memory Enhancement:  
Monday-Friday at 10:00am*

*Assisted Living:  
Monday-Friday at 11:30am*

### **Swimming at the Garlands**

*Monday, August 25th at 3:00pm*

We are going to the Pool! Plan to leave at 2:45pm so we can walk to the pool. We will be in the pool for about 45-60 minutes. Staff will always be in the pool while we are there.

You will need:

- Swimsuit
- Swimsuit Cover up to be worn before/after swimming.
- Slip on swim shoes/comfortable shoes/sandals to walk to the pool.
- Towel

## ***Bus Outings***

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens!

***Please call the concierge at \*37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus.*** Be aware that there are two wheelchair spots available. ***We need three or more members to be able to go on all outings.*** Cost is on your own.

### **Lunch at the Winslow**

*Wednesday, August 6 at 12:00pm*

### **Dinner at the Grill**

*Monday, August 18 at 5:00pm*

### **Shopping Trips**

***Walmart: Monday, August 4 at 9:45am***

***Target: Friday, August 22 at 10:00am***

### **Scenic Route**

***Assisted Living: Tuesday, August 12 and Tuesday, August 26 at 2:00pm***

***Memory Enhancement: Friday, August 15 and Thursday, August 28 at 2:00pm***

For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

## ***Save the Date***

### **Oktoberfest! With Eddie Korosa and The Boys and Girl from Illinois.**

*Wednesday, September 24 at 3:00pm on the Prairieview Patio!*

### **Chicago Botanic Gardens in September**

*More information coming soon!*

## Bulletin Board

### **Pet Therapy** *Every Friday*

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

### **Art Class with Kaleidoscope!**

*Friday, August 1 and 15*

*Assisted Living: 2:00pm in the Art Studio*

*Memory Enhancement: 3:30pm in the Art Studio*

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

### **Trip to Barrington Library**

*Thursday, August 21 at 1:45pm*

Come with us to Barrington Library where they offer a wide selection of books, digital resources, and quiet study areas. Whether you're looking for the latest bestsellers, research materials, or a cozy spot to read, the library provides a peaceful environment for everyone!

### **Room Reservations**

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable.

**Email William at [wvangiesen@thegarlands.com](mailto:wvangiesen@thegarlands.com).**



### **Drumming Circle with Lucas**

*Skilled Nursing*

*Monday, August 4 at 10:00am*

*Memory Enhancement  
Wednesday, August 6 at 10:30am*

Drum Circles provide several health and medical benefits and are always fun and entertaining. However, they can become tedious when facilitating the same program, and participants may lose interest. So, we bring music appreciation, tailored music suited to our audience, and versatile activities. Each month focuses on a different musical style, artist, or country.

Several different therapeutic exercises and musical activities are performed, providing health benefits, participation, and fun! While we repeat some exercises to develop routine, we also introduce new activities to keep it interesting. This method develops continuity for working with our clients regularly. You'll use different parts of your body and brain to build muscle, alertness, memory, thinking, and physical coordination.

The musical themes provide insight and education for every participant, regardless of whether you have played an instrument or not! Your mind stays active, learning key highlights of the musical or artistic style. Enjoy jamming along to the music using rhythm and release some stress.

### **Walking/Outside Club**

Get ready to soak up the sunshine and embrace the good vibes because amazing weather is just around the corner! Whether it's spontaneous adventures or just relaxing with friends under the sun, these are the days we've been waiting for. Let's go outside and get some fresh air!

## Bulletin Board

### News Currents

*Wednesday at 10:00am*

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

### Wine Social

*Friday, August 22 at 3:30pm in the Skybox Lounge*

Sip, savor, and socialize! Enjoy an evening of exquisite wines and artisan cheeses, expertly paired for maximum deliciousness. Whether you're a connoisseur or just here for the good vibes, this is your chance to unwind, mingle, and indulge. Cheers to great taste and even better company!

### Resident Council

**Assisted Living Resident Council:** *Thursday, August 14, 2:00pm, 2L*

**Skilled Nursing Resident Council:** *Wednesday, August 13, 10:00am, Skilled Nursing Lounge*

***How are we doing?*** What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

### Movies at Prairieview!

*Skybox Lounge at 2:00pm*

<i>August 3</i>	<i>Red Eye</i>
<i>August 9</i>	<i>The Great Waldo Pepper</i>
<i>August 16</i>	<i>The Theory of Everything</i>
<i>August 23</i>	<i>The Room Next Door</i>
<i>August 30</i>	<i>Rudy</i>

### Discovery Series on Sundays

*Skybox Lounge at 2:00pm*

<i>August 2</i>	<i>Clotilda: Last American Slave Ship</i>
<i>August 10</i>	<i>Sally</i>
<i>August 17</i>	<i>Charles in His Own Words</i>
<i>August 24</i>	<i>Becoming Cousteau</i>
<i>August 31</i>	<i>Being the Queen</i>

### Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting. *Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact [Lee.Moriarty@Illinois.gov](mailto:Lee.Moriarty@Illinois.gov).*

### Independent Pinochle Club

*Tuesdays at 2:00pm in the Argyle Living Room*

Calling all trick-taking enthusiasts! Our Independent Pinochle Club is a lively gathering for players of all levels—from seasoned pros to curious beginners. Whether you're here to sharpen your strategy, enjoy friendly competition, or just socialize over a classic card game, every hand promises excitement, and laughs.



# THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

## Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



*Happy Birthday*  
to everyone born in  
**AUGUST!**

Jeanette G. 8/23

## Spiritual Expressions

### Catholic Communion Service

*Tuesdays: 10:00am in the 3rd Floor Lounge; 10:30am SN*

**Tune in:** EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

**Morning Devotion** *Thursdays at 10:00am*

### Devotion with Chaplain Stacia

*Monday, August 11 at 2:00 pm, AL*

### Sundays:

*9:30am, Catholic Mass* with Cardinal Cupich from Holy Name Cathedral on Channel 7

*9:30 am, Joel Osteen* Lakewood Church Service on Lifetime - Channel 29

*11:00 am, Presbyterian Church* streaming service, [www.tvpchurch.org](http://www.tvpchurch.org)

### Lutheran Service, St. Matthew

[www.stmatthewbarrington.org](http://www.stmatthewbarrington.org)



6000 Garlands Lane, Barrington, IL 60010



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