

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

February 2026



Bringing in 2026!



Enjoying the show!



A special moment with Rebecca!



Members focus on their painting.

THE GARLANDS®
Inspira
FEEL Better. AGE Better. LIVE Better.



February Special Events



Maureen Christine
*Wednesday, February 4
at 2:00pm*

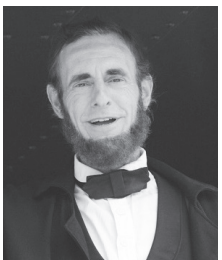
Uplift your spirit! Award-winning vocalist Maureen Christine fills the room with hope and joy. Her stunning voice delivers powerful anthems like "Wind Beneath My Wings" and "You Raise Me Up," timeless classics like "Over the Rainbow," and irresistible fun with songs like "L-O-V-E." A heartfelt, inspiring musical celebration!



The Al & Guy Show *New to Prairieview*
Tuesday, February 10 at 2:00pm

The Al and Guy Show! Music, Fun, and Entertainment! Al Konrath and Guy Klinzing –

Two knuckleheads with a guitar just about sums their act! Al and Guy sing and play the hits from the 1950's to the 1980's. Sing-a-long with hits from Neil Diamond, Roy Orbison, Elvis, The Monkeys and more. This exciting musical duo will do just about anything to put a smile on your face!



Abe Lincoln
*Thursday, February 12
at 2:00pm*

Lincoln on Leadership
Mr. Lincoln discusses his leadership values and style by sharing "16 precedents from

the 16th President", that is, 16 ways in which he strove to lead our nation and our people in his day, and during his Presidency. These include knowing your principles and sticking to them; changing with the times; recruiting a great team; soliciting and considering a diversity of opinions; communicating effectively; acknowledging mistakes and learning from them; being guided by empathy; and putting the cause before personal ambitions; plus eight more! For each of the 16 precedents, or principles, he provides one or more examples from his own life.



Kristin Ashley
*Wednesday, February 11
at 2:00pm*

Hearts and Flowers: Artists Inspired by Romance
In celebration of Valentine's Day, this lecture explores

how artists have expressed love, romance, and beauty through flowers, gardens, and affectionate moments. From the playful elegance of 18th-century French painting to richly symbolic floral imagery, artists have long used nature as a language of emotion.



Blue Rocket Boys Presents Mardi Gras
*Tuesday, February 17
at 2:00pm*

Celebrate Mardi Gras with The Blue Rocket Boys!! Sing-along to some of the best Mardi Gras hits and music from New Orleans. Hits like When the Saints Go Marching In, Jambalaya, Basin Street Blues, Iko Iko, Let the Good Times Roll and more. New Orleans jazz and Zydeco music!! Don't miss out!!! Laissez Les Bons Temps Rouler!!



Wildbird Shack
Thursday, February 19 at 2:00pm

Sounds, Movement, and Shapes of Nature Renew Your Senses

Experience sounds, movement, and shapes discovered in nature to develop a new connection with the natural world and yourself. We will use our senses to explore nature near and far with imagery, videos, and sound.

February Special Events



Jim Kendros Music Appreciation

*Wednesday, February 25
at 2:00pm*

Romantic Masterpieces

It is the most romantic month of the year! Jim

Kendros returns to bring us beloved musical masterpieces that reflect romance, joy and passion! Enjoy the sweet expressions of Mozart's Piano Concerto 21, the majestic musings of Beethoven's Symphony 7 and the heartfelt yearnings of Chopin. Jim will explore the lives and times of each composer, and what to listen for in each piece. Enjoy an hour of romantic, joyful, expressive music with Jim Kendros!

New Program for 2026: Rendever Virtual Reality!

TBA location in the Sky Box Lounge

Get ready for an adventure without ever leaving your seat! Rendever Virtual Reality is coming to the Assisted Living, and it's going to be unforgettable.

Imagine diving into crystal-clear waters to swim alongside dolphins or taking a stroll down memory lane on the street where you grew up. Feeling wanderlust? Let's embark on a breathtaking tour to another country all from the immersive comfort of our home!

Your next journey is just a headset away. Don't just watch... experience it!

Super Bowl Sunday!

Sunday, February 8 at 5:30pm

We'll have Bratwurst and hamburgers with all the fixings for a fun time! The max number of members at this event will be 15. Please let activity staff know if you are interested in attending!



Courtney & Chris

*Thursday February 26
at 2:00pm*

Courtney and Chris, the dynamic duo setting local venues ablaze. With Courtney's captivating vocals

and driving rhythm guitar, paired with Chris's sizzling lead guitar riffs, they create an energetic, feel-good sound that gets everyone dancing. Whether it's the crackle of a vinyl record or the timeless thrill of a live performance, Courtney and Chris capture that magic. Don't miss your chance to experience the fun!

*Bus Outings**

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

Shopping Trips

Walmart: *Friday, February 6 at 9:45am*

Target: *Friday, February 20 at 9:45am*

**Please call the concierge at *37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus. Be aware that there are two wheelchair spots available.*

Fitness with Adrian



Chair Exercise

Memory Enhancement:

*Monday, Wednesday, Friday
at 10:00am*

Assisted Living:

*Monday, Wednesday, Friday
at 11:30am*

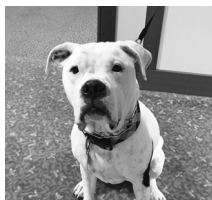
Bulletin Board

Pet Therapy: *Every Friday*

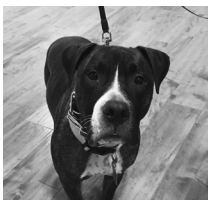
Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

Art Class with Kaleidoscope!

Assisted Living : Monday, February 2 and 16 at 1:45pm in the Art Studio

Memory Enhancement: Monday, February 9 and 23 at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Wine and Cheese Social

Friday, February 13 at 3:30pm in the Skybox Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Skybox Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at Prairieview, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

The Lynda Challenge: Games & Glory

Thursday, February 5 at 2:00pm

Wednesday, February 18 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or putt your way to victory in Mini Golf? Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Crafty Corner with Lindsey

Tuesday, February 24 at 2:00pm

Hold on to your blooms this month's creative project is blooming with beauty! We're pressing flowers and framing our favorite memories.

Resident Council

Assisted Living Resident Council:

Thursday, February 5, 2:00pm, 2L

Skilled Nursing Resident Council:

Thursday, February 12, 10:00am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

Movies at Prairieview on Saturday!

Skybox Lounge at 2:00pm

February 7 My Girl

February 14 Miracle

February 21 The Parent Trap

February 28 Freaky Friday

Bulletin Board

Discovery Series on Sunday

Skybox Lounge at 2:00pm

February 1 Blink

February 15 Fire of Love

February 22 Breakdown: 1975

Independent Card Games

From lively rounds of Pinochle and strategic games of Bridge to friendly competitions of Spades, there's something for every interest. These games are a wonderful way to stimulate minds, foster social connection, and add enjoyable structure to the day. Let us know your group's interest, and we'll happily help organize and facilitate the fun.

News Currents

Wednesday at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.

Drumming Circle with Lucas

Skilled Nursing

Friday, February 6 at 11:00am

Friday, February 27 at 11:00am

Memory Enhancement

Wednesday, February 2 at 10:30am

Monday, February 16 at 2:00pm

Will's Corner

More Than Just Passing Time: Your Key to a Vibrant Life

You've chosen a community that provides comfort and care—but your story here is far from over. In fact, a vibrant new chapter is waiting to be written, and it begins with saying "yes" to an activity.

The activities here are not just items on a calendar. They are the building blocks of your well-being, purpose, and joy. When you step into the art class, join a lively discussion, move to music, or share stories over a gardening project, you are doing so much more than passing the time.

Your presence matters. The energy you bring, the smile you share, and the experience you contribute make our community richer for everyone. Every activity is an opportunity to learn something new, to re-discover an old passion, or to simply feel the warmth of connection.

Don't just live here, thrive here. Glance at the calendar, find one thing that piques your interest, and take that first step. Come for the activity, and stay for the community, the purpose, and the joy you'll help create.

Your next favorite moment is waiting. Let's fill your days with meaning, together.

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



Happy Birthday
to everyone born in
FEBRUARY!

Fred S. 2/12

Susan T. 2/21

Spiritual Expressions

Catholic Communion Service:

Tuesdays: 10:00am in the 3rd Floor Lounge; 10:30am SN

Tune in: EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

Sundays:

9:30am, Catholic Mass with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, Joel Osteen Lakewood Church Service on Lifetime - Channel 29

11:00am, Presbyterian Church streaming service, www.tvpchurch.org

Lutheran Service, St. Matthew

www.stmatthewbarrington.org

Ash Wednesday

Wednesday, February 18, 10:00am in the 2nd Floor Room

Due to Deacon Bob's busy schedule for Ash Wednesday, he will not be able to visit anyone in their apartment. If you would like to receive ashes and communion, please attend the service in person.

Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue
Collared Shirts

6000 Garlands Lane, Barrington, IL 60010



THE GARLANDS®
— of Barrington —

thegarlands.com | 847-852-3000

