

# PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

# POST

January 2026



**Sadie and Mary enjoying the music!**



**Todd Donnelly and his sons playing at our Winter Wonderland.**



**Mary and Lyle enjoying the Steel Drum Band.**



**Friends enjoying the show!**

THE GARLANDS®  
*Inspira*  
FEEL Better. AGE Better. LIVE Better.





## January Special Events



### **Barrett Haselwood**

*Tuesday, January 6 at 2:00 pm*

Barrett is back at Prairieview with his ukulele! He'll play all your favorites like Johnny Cash, Willie Nelson, Bette Midler, John Denver, Elvis, and Bruce Springsteen. Barrett worked on cruise ships for over 8 years. Barrett will be rocking the afternoon with the unique and exciting sound of his ukulele! This isn't your typical ukulele show, you'll be hearing sounds from rock, oldies, and jazz as well as tunes from the islands!



### **Wildbird Shack**

*Thursday, January 15 at 2:00 pm*

### **Brews, Tracks, Lake and History, A Trip to Milwaukee**

Embark on a quick journey through Milwaukee's rich history, uncovering fascinating stories that shaped the city. Travel along the iconic Milwaukee Road, taking in breathtaking views of Lake Michigan. No trip to Milwaukee would be complete without a toast to its legendary beer culture!



### **Verne Allison**

*Tuesday, January 13 at 2:00 pm*

Verne is new to Prairieview, and he brings a soulful but exciting voice which brings back the memories of the music from the Motown era and the great standards, pop tunes, oldies and blues from the 40's to the present. Verne Makes the music from the great Motown and Oldie eras come alive!



### **John Boda**

*Tuesday, January 20 at 3:00 pm*

### **Academy Award Winning Songs**

John will cover songs from the Academy Awards from 1956-1965. Each of those years will be covered with a summary of the big winners for "Best Actor/Actress/Movie" with pictures and trivia. The focus will be on the winning song, and the audience will get the choice of nominees and try to guess before it is revealed! Once it is revealed, John will perform the song. Some of the great's songs covered are. "All the Way", "GiGi", "High Hopes", "Never on Sunday", "Moon River", "Chim Chim Chere-ee" and more!



### **Kristin Ashley**

*Wednesday, January 14 at 2:00 pm*

### **Edward Burne-Jones: Visions of Beauty and Myth**

Burne-Jones was one of the most beloved artists of the

Pre-Raphaelite movement, known for his serene angels, dreamlike colors, and poetic storytelling. Join Kristin as we enjoy a beautiful, calming way to start the new year.

## January Special Events



### **Jim Kendros Music Appreciation**

*Wednesday, January 28 at 2:00 pm*

#### **Mozart in January**

January is the birthday month of Mozart! And Jim Kendros returns to welcome the New Year with elegance and beautiful music! Start the New Year by enjoying the timeless treasures of Mozart! Experience the joyful youthfulness of Mozart's Bassoon Concerto, revel in the emotions of the Piano Concerto # 23, and be charmed by the timeless gracefulness of A Little Night Music. All this and more awaits you as we ring in the New Year with Jim Kendros and the timeless beauty of Mozart!



### **Rebecca Rivera**

*Thursday January 29 at 2:00 pm*

Please welcome back Rebecca, her high energy and enchanting voice always is a crowd pleaser. She performs timeless

classics to contemporary hits. Rebecca effortlessly delivers a delightful performance that transcends eras.

## ***Fitness with Adrian***



**Chair Exercise  
Memory Enhancement:**  
*Monday, Wednesday,  
Friday at 10:00am and  
Saturday at 2:30 pm*

**Assisted Living:**  
*Monday, Wednesday,  
Friday at 11:30am and  
Saturday at 2:00 pm*

### **Rendever Virtual Reality! Coming Soon!**

Imagine you're strapping in for a hot air balloon ride over the Swiss Alps one afternoon and diving with sea turtles in the Great Barrier Reef the next, all without ever leaving the comfort of the community. That's the magic of Rendever Virtual Reality!

We bring the thrill of exploration and the joy of shared experiences right into your community. You can travel the globe, revisit childhood neighborhoods, or even experience a grandchild's graduation live—all in stunning, immersive 360-degree virtual reality. It's more than just watching; it feels like you're truly there.

Rendever is the ultimate social activity engine. Groups laugh, explore, and connect in real time, sparking conversations and building friendships. It's an effortless, exciting way to boost engagement, elevate moods, and fill your community with unforgettable stories.

Let's turn "Remember that time..." into "Let's go there again tomorrow!"

## ***Bus Outings\****

Join us for a simple bus ride, Lunch Bunch outings or a quick trip to Walgreens! For each outing, please meet in the lobby ten minutes before departure. *The cost is on your own.*

### **Shopping Trips**

**Walmart:** *Friday, January 5 at 9:45 am*

**Target:** *Friday, January 30 at 2:00 pm*

*\*Please call the concierge at \*37 by 10:00 am on the day of the scheduled excursion to reserve your place on the bus. Be aware that there are two wheelchair spots available.*

## Bulletin Board

### **Pet Therapy:** *Every Friday*

Adrian brings one of his furry pup friends in for some pet therapy!



Desi



Talon



Rocco

### **Virtual Resident Council & Family Support Council**

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

*Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact [Lee.Moriarty@Illinois.gov](mailto:Lee.Moriarty@Illinois.gov).*

### **Art Class with Kaleidoscope!**

**Assisted Living:** *Monday, January 5 and 19 at 1:45 pm in the Art Studio*

**Memory Enhancement:** *Monday, January 12 and 26 at 1:45 pm in the Art Studio*

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

### **Resident Council**

**Assisted Living Resident Council:**

*Thursday, January 8, 2:00 pm, 2L*

**Skilled Nursing Resident Council:**

*Thursday, January 8, 10:00 am,  
Skilled Nursing Lounge*

**How are we doing?** What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experiences, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation! We do not have a president for Skilled Nursing at this time. Please contact the Activity Department with any questions regarding this opportunity.

### **The Daily Chronicle: Read Aloud & Discuss**

This is a relaxed, welcoming space where we bring the Daily Chronicle to life together. Every day, we'll read aloud from the popular Daily Chronicle. No prep needed just grab a seat, listen in, and chime in if you'd like. Drop by anytime we'd love to have you!

### **Room Reservations**

For anyone interested in reserving a room at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable.

**Email William at [wwangiesen@thegarlands.com](mailto:wwangiesen@thegarlands.com).**

## Bulletin Board

### Discovery Series on Sunday

*Skybox Lounge at 2:00 pm*

- January 4 *Rocky Mountain Express*  
January 11 *The Beach Boys*  
January 18 *Robert Redford: The Life and Legacy of an American Icon*  
January 25 *Raising the Bar: The Alma Richards Story*

### Independent Pinochle Club

*Tuesdays at 2:00 pm in the Argyle Living Room*

Calling all trick-taking enthusiasts! Our Independent Pinochle Club is a lively gathering for players of all levels—from seasoned pros to curious beginners. Whether you're here to sharpen your strategy, enjoy friendly competition, or just socialize over a classic card game, every hand promises excitement, and laughs.



### Drumming Circle with Lucas

#### Skilled Nursing

*Friday, January 2 at 11:00 am*  
*Friday, January 23 at 11:00 am*

#### Memory Enhancement

*Wednesday, January 7 at 10:30am*  
*Monday, January 19 at 2:00 pm*

### News Currents

*Wednesday at 10:00 am*

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

### Movies at Prairieview on Saturday!

*Skybox Lounge at 2:00 pm*

- January 3 *Little Woman*  
January 10 *Ghost*  
January 17 *Dante's Peak*  
January 24 *Parenthood*  
January 31 *Good Will Hunting*

## Will's Corner

As we stand at the threshold of a brand new year, remember that every day we hold is a gentle promise of a fresh start. This is your year to feel a little stronger perhaps by adding a new stretch to your morning routine or joining a friend for a walk. It's a wonderful time to spark a bit of joy by trying something new, whether it's a puzzle you've never tackled, a new program you want to try, or start painting that lets your creativity shine. Let's also make room to learn a new fact each day. This year, let's move, discover, and grow together, one small, rewarding step at a time. You have so much to gain, and this community is here to cheer you on every step of the way.



# THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira*!

FEEL Better. AGE Better. LIVE Better.

## Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



## Happy Birthday to everyone born in JANUARY!

Penelope L.	1/7
Janice S.	1/9
John T.	1/18
Joan W.	1/19
Celma P.	1/21
Lanny B.	1/26
Anita R.	1/27

## Spiritual Expressions

### Catholic Communion Service:

Tuesdays: 10:00am in the 3rd Floor Lounge; 10:30am SN

**Tune in:** EWTN on Channel 119 with daily programming for news, prayers, and messages from around the world.

### Sundays:

9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30 am, **Joel Osteen** Lakewood Church Service on Lifetime - Channel 29

11:00 am, **Presbyterian Church** streaming service, [www.tvpchurch.org](http://www.tvpchurch.org)

**Lutheran Service, St. Matthew**  
[www.stmatthewbarrington.org](http://www.stmatthewbarrington.org)

## Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

**Nurse:** Black

**CNA:** Blue

**Activities Assistants:** Purple

**Dining:** Grey

**House Keeping/Floor**

**technicians:** Blueish Grey

**Member Services:** Blue  
Collared Shirts

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