

PRAIRIEVIEW

A newsletter for Prairieview Members and their families

POST

April 2026



Liesel being adorable in the doggie stroller!



Members meeting Liesl for the 1st time.



Playing cards!



Member working hard on their art work!

April Special Events



Gayle Bisesi

Wednesday, April 1 at 3:00pm

Get ready to swing with Gayle, who's bringing her high-energy jazz and big band magic straight from

legendary stages like Montreux and North Sea Jazz Festival! She's toured all over Europe and now she's here to take you on a musical joyride through the greatest hits of the 50s to the 80s. From bluesy ballads to Broadway sparkle, Gayle fills the room with irresistible energy. It's not just a concert, it's a swinging, singing party where the music comes alive. Don't miss your chance to be part of the rhythm.



Larry Ortega Rockin' Rhythm Percussion Party

Tuesday, April 7 at 2:00pm

This program is great for movement, memory, socialization and most of all FUN! Larry makes it easy for

anyone to play along as he teaches them easy rhythms to play Disco, New Orleans Zydeco, Cajun, Motown, Rock, Latin, Swing as well as familiar dance rhythms such as Cha Cha, Samba, Waltz and more!



Kristin Ashley

Wednesday, April 8 at 2:00pm

Stormy Weather: How Artists Painted Rain, Wind, and Light

From dramatic seas and windswept landscapes to rainy

Parisian boulevards, these paintings reveal how artists turned weather into art, and how the atmosphere of a storm can transform an ordinary scene into something unforgettable. Storm clouds, wind-swept seas, and quiet rainy streets offered painters a chance to capture changing light, atmosphere, and emotion.

We'll explore how nineteenth-century artists learned to paint weather itself, from the powerful storms of Caspar David Friedrich and

J. M. W. Turner to the rainy city scenes of the Impressionists, including Claude Monet and Gustave Caillebotte, along with expressive works by Vincent van Gogh and Winslow Homer.



Wildbird Shack

Thursday, April 16 at 2:00pm

The Honey Effect: Nature's Sweet Secret to Wellness

This Presentation explores how this golden nectar, crafted by bees and treasured for centuries, offers more than just sweetness. From boosting immunity and soothing sore throats to nourishing the skin and supporting gut health, honey is a powerhouse of wellness. We'll dive into its healing properties, explore different types of honey, and uncover how integrating it into your daily routine can enhance your overall well-being, the natural way. Get ready to be inspired, informed, and maybe even a little buzzed by the beauty of honey!



Maureen Christine

Friday April 17 at 2:00pm

Enjoy classic 70's hit songs by great female vocalists Karen Carpenter, Barbra Streisand, Toni Tennille, Helen Reddy and Olivia

Newton John. Michael Bazan joins Maureen on his tenor sax and woodwinds, skillfully accompanied by their expert pianist.



Jim Kendros Music Appreciation

Wednesday, April 25 at 2:00pm

The Passion of Russian Composers

Nothing says passionate music quite like Russian composers! Jim Kendros returns to welcome Spring with irresistible

April Special Events

Russian masterpieces! Revel in the emotional heights of Rachmaninoff's piano preludes, experience the rarest moment of triumph in Tchaikovsky's Symphony No. 6 and be transported by the lyrical gracefulness of Prokofiev's Violin Concerto No. 2. Jim will explore the lives and times of each composer. Join Jim for an hour of impassioned Russian music!



Abigail Riccards

Thursday April 23 at 2:00pm

Get ready for an afternoon of pure electricity with Abigail, a rising star who brings a sultry, smoky edge to every

lyric she sings! Bursting out of the New York City jazz scene the city that never sleeps she's reinventing the Classic American Songbook with a fresh, high-energy twist. From the soulful 40s to the rockin' 70s, Abigail puts her own spin on legends like Aretha, Elvis, Elton John, and Carole King. Her personalized, smokey approach will draw you into every note, while her unstoppable energy keeps the room buzzing. This isn't your standard songbook it's a bold new look and sound that you have to hear to believe!



John Boda presents Irving Berlin: Puttin' on the Ritz

Tuesday April 28 at 2:00pm

This presentation is a combination of both pictures, info and music of Irving Berlin

songs performed live in between, including "Puttin' on the Ritz" which he wrote, along with many others like "Cheek to Cheek" "Alexander's Ragtime Band", "Always", "Blue Skies", "Easter Parade", "God Bless America" and more! Berlin was the most prolific and important songwriter of the 20th century writing 1500 songs in his long life of 101 years! Each song performed is prefaced with a brief detail on how and where it was written, and Berlin's life is traced in between in a most enjoyable program.

Carlo's Band from Member Services

Wednesday April 29 at 2:00pm

Please welcome back Carlo as he bring his band back to play for Prairieview.

Will's Corner

We know that sometimes, walking into a room full of people for the first time can feel intimidating. And maybe you've thought, 'That activity isn't really for me.' But what if this time, it is? We've designed our activity program specifically for people who want to feel a sense of belonging and purpose. It's not about being the best at something; it's about the joy of trying. It's about the laughter that erupts during a friendly game of trivia, the quiet camaraderie of a book club discussion, a fun game like bocce ball, or the simple pride of finishing a craft project with your own two hands. These moments of connection are what turn a house into a home. So, take a deep breath and take a chance on us. Find the activity that sparks your curiosity, and let's make some wonderful memories together. We're saving you a seat.

Bulletin Board

April Highlights

Below are activities that you might be interested in.

Lunch at the Winslow

Monday, April 13 at 12:00pm

Rendever Virtual Reality!

Time and dates TBA

Location in the Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

Art Class with Kaleidoscope!

Monday, April 6 and 20 for Assisted Living at 1:45pm in the Art Studio

Monday, April 13 and 27 for Memory Enhancement at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, April 3 at 11:00am

Friday, April 24 at 11:00am

Memory Enhancement Drumming Circle

Wednesday, April 1 at 10:30am

Monday, April 20 at 2:00pm

News Currents

Wednesday at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions,

and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Crafty Corner with Lindsey

Tuesday, April 21 at 2:00pm

Capture the soothing scent of Provence by crafting these easy lavender sachets. A blend of dried lavender flowers and a touch of oil creates a portable pocket of calm, perfect for de-stressing anytime, anywhere.

Games & Glory

Thursday, April 2 at 2:00pm

Monday, April 27 at 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or putt your way to victory in Mini Golf?

Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Wine and Cheese Social

Friday, April 10 at 3:30pm in the Sky Box Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Sky Box Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Movies at Prairieview!

Located in the Sky Box Lounge

April 4

Mrs. Doubtfire

April 5

Easter Parade

April 11

Lee Daniels: The Butler

April 18

Field of Dreams

April 25

Founder

Bulletin Board

Discovery Series!

Located in the Sky Box Lounge

April 5 Jim Henson: Idea Man

Baseball Luncheons

April 19 at 12:30pm to watch the Cubs

April 26 at 12:30pm to watch the White Sox

Enjoy a hotdog or a burger and watch an afternoon baseball game in the Sky Box Lounge.

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

Resident Council

Assisted Living Resident Council

Thursday, April 9, 2:00pm, 2L

Skilled Nursing Resident Council

Thursday, April 9, 9:30am, Skilled Nursing Lounge

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.

Fitness with Adrian



Memory Enhancement Chair Exercise

Monday, Wednesday, Friday at 10:00am

Assisted Living:

Every day at 11:30am

Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available. Cost is on your own.

Shopping Trips

Trader Joe's: Monday, April 6 at 9:45am

Walmart: Friday, April 17 at 9:45am

Target: Monday, April 27 at 9:45am

*For each outing, please meet in the lobby 10 minutes before departure.



Carlyn and Jon performing some Irish tunes!

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



Happy Birthday
to everyone born in
APRIL!

Nancy F.	4/1
Mary M.	4/6
Jean R.	4/14
Sue S.	4/16
Eduard J.	4/18
Kathryn N.	4/19
Caroline O.	4/24
Anne C.	4/26

Spiritual Expressions

Catholic Communion Service:

Tuesdays, 10:00am in the 3rd Floor Lounge; 10:30 SN

Tune in: EWTN on Channel 119 with daily Catholic news programming, prayers and from messages from around the world.

Sundays:

9:30am, Catholic Mass with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, Joel Osteen Lakewood Church Service on Lifetime Channel 29

11:00am, Presbyterian Church streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew www.stmatthewbarrington.org

Prairieview Staff Guide

Members and families can now more easily identify a staff member in every department based on their uniforms.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue

Collared Shirts

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— of Barrington —