

# PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

# POST

March 2026



**Abe Lincoln at Prairieview!**



**Lyle and Abe Lincoln.**



**Excited to see Abe Lincoln.**



**Sue with Abe Lincoln.**

## March Special Events



### **Carlyn and Jon Presents Luck 'O the Irish**

*Friday, March 6 at 2:00pm*

Caryln's flute and Jon's piano are trading shamrocks for showtunes in this rollicking

Luck of the Irish program! From the toe-tapping antics of MacNamara's Band to the swoon-worthy lilt of Sally Gardens, they're serving up reels, ballads, and a whole lot of blarney. Expect hornpipes with hop, Black Velvet with soul, and a few "endearing young charms" along the way. Sláinte—and maybe save us a jig?



### **Kristin Ashley**

*Wednesday, March 11 at  
2:00pm*

### **The Myth and Mystery of Celtic Art**

Step into a world of

enchantment, symbolism, and sacred beauty as we explore the rich artistic traditions of the Celtic lands. From ancient folklore filled with fairies and other legendary beings to the luminous pages of medieval manuscript illumination, Celtic art reveals a culture deeply connected to nature, storytelling, and the unseen world.



### **Dave Rice the Piano Man**

*Tuesday, March 17 at 2:00pm*

Get ready for an unforgettable afternoon! Please join us in welcoming back the one and only Dave Rice! Dave is a high-energy, powerhouse musician,

bringing the best tunes from the 40s all the way to today. With deep roots in the blues, he'll keep you grooving with everything from Rock and Motown to Country, Oldies, Big Band, Jazz, Blues, and so much more! Get ready to dance, sing along, and have a blast as Dave takes the stage! You won't want to miss this!



### **Wildbird Shack**

*Thursday, March 19 at 2:00pm*

### **Warblers Unveiled: Discover the True Songbirds of Summer and Pigeons**

Small, colorful songbirds known for their beautiful colors and melodies. We'll explore the diverse species of warblers, their unique habitats and their critical role they play in our ecosystems.



### **Jim Kendros Music Appreciation**

*Wednesday, March 25 at 2:00pm*

### **Spring into Bach, Haydn and Vivaldi!**

Spring is here! And Jim

Kendros offers us delightful music by great composers born in March! Experience the joyful expressions of Bach, the elegant charms of Haydn and the impassioned musings of Vivaldi! Jim will also give us a mini-concert on the piano. Join Jim as we celebrate Spring by "springing" into great music!



### **Frank Rossi**

*Saturday March 28 at 2:00pm*

Straight out of the vibrant streets of Chicago Heights, Illinois, Frank Rossi isn't just an accordion and keyboard maestro his band is a party explosion! For decades, this musical dynamo has been

setting the Chicagoland scene on fire, leaving crowds breathless and begging for more. Frank and his band don't just play music, he creates unforgettable experiences. When Frank hits the stage, the energy skyrockets, the smiles spread, and the good times roll.

## Fitness with Adrian



### Memory Enhancement Chair Exercise

Monday, Wednesday, Friday  
at 10:00am

#### Assisted Living:

Every day at 11:30am

#### Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM — members can choose which one to attend.

## Bus Outings\*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at \*37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available. Cost is on your own.

### Shopping Trips

**Walmart: Friday, March 6 at 9:45am**

**Target: Friday, March 20 at 9:45am**

*\*For each outing, please meet in the lobby 10 minutes before departure.*



Enjoying the entertainment for Mardi Gras.

## Will's Corner

Goodbye, snow boots hello,  
sunroof weather.

Warmer days are just ahead, and we're ready to celebrate with a season full of flavor, fresh air, and a few virtual detours.

Picture this: scenic routes winding through the countryside with the windows down. Ice cream socials where root beer floats are always on tap, and live music drifting through outdoor spaces. It's the little things that make the season sweet.

But we're also looking ahead in a different way.

This spring, adventure isn't only on the horizon, it's in the headset. Our Virtual Reality programming is expanding, giving you new ways to hike distant trails, explore impossible landscapes, and experience the world without leaving town.

So, whether you're chasing a sunset drive, a cold float on a warm porch, or a virtual climb you'll never forget: the good stuff is coming. And it starts now.



Making jewelry with Lindsey.

# Bulletin Board

## March Highlights

Below are activities that you might be interested in.

### Rendever Virtual Reality!

*Time and dates TBA*

*Location in the Sky Box Lounge*

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

### Art Class with Kaleidoscope!

*Monday, March 2 and 16 for Assisted Living at 1:45pm in the Art Studio*

*Monday, March 9 and 30 for Memory Enhancement at 1:45pm in the Art Studio*

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

### Drumming Circle with Lucas

#### Skilled Nursing Drumming Circle

*Friday, March 6 at 11:00am*

*Friday, March 27 at 11:00am*

#### Memory Enhancement Drumming Circle

*Wednesday, March 2 at 10:30am*

*Monday, March 16 at 2:00pm*

### News Currents

*Wednesday at 10:00am*

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

### Independent Card Games

From lively rounds of Pinochle and strategic games of Bridge to friendly competitions of Spades, there's something for every interest. These games are a wonderful way to stimulate minds, foster social connection, and add enjoyable structure to the day. Let us know your group's interest, and we'll happily help organize and facilitate the fun.

### Crafty Corner with Lindsey

*Tuesday, March 24 at 2:00pm*

Hold on to your blooms this month's creative project is blooming with beauty! We're pressing flowers and framing our favorite memories.

### The Lynda Challenge: Games & Glory

*Thursday, March 5 at 2:00pm*

*Friday, March 20 2:00pm*

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or putt your way to victory in Mini Golf?

Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

### Wine and Cheese Social

*Friday, March 13 at 3:30pm in the Skybox Lounge*

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Skybox Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

### Green River Floats

*Tuesday, March 17 at 3:30pm in the Skybox Lounge*

Let's celebrate St. Patrick's Day with Green River Floats!

# Bulletin Board

## Movies at Prairieview!

Located in the Skybox Lounge

March 1	<i>Persuasion</i>
March 7	<i>Eleanor The Great</i>
March 21	<i>Train Dreams</i>
March 22	<i>My Oxford Year</i>
March 29	<i>The Magic of Belle Isle</i>

## Discovery Series!

Located in the Skybox Lounge

March 8	<i>Queen of Chess</i>
March 14	<i>Living The Tradition</i>
March 15	<i>Quintessentially Irish</i>
March 18	<i>Ballyfin: Portrait of an Irish Country House</i>

## Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

*Nurse = Black*

*CNA = Blue*

*Activities Assistants = Purple*

*Dining = Grey*

*House Keeping/Floor technicians = Blueish Grey*

*Member Services = Blue Collared Shirts*

## Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at [wvangiesen@thegarlands.com](mailto:wvangiesen@thegarlands.com).

## Resident Council

### Assisted Living Resident Council

Thursday, March 12 2:00pm, 2L

### Skilled Nursing Resident Council

Thursday, March 12, 10:00am,

Skilled Nursing Lounge

**How are we doing?** What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

## Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee. [Moriarty@Illinois.gov](mailto:Moriarty@Illinois.gov).



Members enjoying the show!

# THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.

## Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



*Happy Birthday*  
to everyone born in  
**MARCH!**

Ruth H. 3/6  
Flossie H. 3/8  
Russell B. 3/10  
Carol L. 3/17  
Elizabeth T. 3/26

## Spiritual Expressions

### Catholic Communion Service:

Tuesdays, 10:00am in the 3rd Floor Lounge; 10:30 SN

**Tune in:** EWTN on Channel 119 with daily Catholic news programming, prayers and from messages from around the world.

### Sundays:

9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, **Joel Osteen** Lakewood Church Service on Lifetime Channel 29

11:00am, **Presbyterian Church** streaming service, [www.tvpchurch.org](http://www.tvpchurch.org)

**Lutheran Service** from St. Matthew  
[www.stmatthewbarrington.org](http://www.stmatthewbarrington.org)

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