

PRAIRIEVIEW

A newsletter for Prairieview Members and their families

POST

May 2026



This **Fossil Rock** was found in 1951 in Lake County.



Baseball, hot dogs, and a whole lot of cheers!



Drumming with Larry!



Enjoying Root Beer Floats!

May Special Events



Courtney & Chris

Wednesday, May 6 at 2:00pm

Courtney and Chris, the dynamic duo setting local venues ablaze. With Courtney's captivating vocals and driving rhythm guitar, paired with Chris's sizzling lead guitar riffs, they create an energetic, feel-good sound that gets everyone dancing. Whether it's the crackle of a vinyl record or the timeless thrill of a live performance, Courtney and Chris capture that magic. Don't miss your chance to experience the fun!



Sara and Bob Presents At the Movies

Monday, May 11 at 3:00pm

Ladies and gentlemen, get ready for a night At the Movies! We're celebrating the Oscars with the greatest songs ever written for the silver screen. You'll hear "Moon River," "On the Street Where You Live," and the number one song in the Great American Songbook: "Somewhere Over the Rainbow." Plus, Sara shines on violin, and Bob brings the guitar. It's Hollywood, it's classic, and it's a blast.



Kristin Ashley

Wednesday, May 13 at 2:00pm

Windows and Interiors: The View Within

Step inside the quiet, luminous world of interior spaces in art, where sunlight slants across a wall, a window opens onto a distant landscape, and everyday moments become something timeless. We'll explore how artists like Pierre Bonnard, Henri Matisse and Edouard Vuillard transformed ordinary rooms into places of color, memory, and emotion. Through glowing interiors, open windows, and intimate scenes of daily life, we'll discover how artists used light, pattern, and perspective to blur the boundary between inside and outside. From peaceful morning light to richly colored rooms filled with personal

meaning, these works invite us to slow down, look closely, and find beauty in the spaces we know best.



Randy McCallister

Tuesday, May 19 at 2:00pm

Get ready to groove, Prairieview! Randy McCallister is back, and he's bringing the house down with a show you won't want to miss. For the past 10 years, Randy has been tearing up the Chicagoland area as a one-man powerhouse—a versatile singer and entertainer who can swivel from Sinatra to Elvis, Otis Redding to Wilson Pickett, and then slide right into the smooth sounds of The Temptations, The Stylistics, and The Four Tops. So grab your friends, kick back, and come on down for an afternoon of unforgettable music, high-energy fun, and pure entertainment!



Wildbird Shack presents From Hive to Table-Honey Tasting

Thursday, May 21 at 2:00pm

Join us for a sensory journey through the diverse world of honey. This guided honey tasting presentation will explore the rich variety of flavors, colors, and aromas found in different types of honey, each shaped by unique floral sources, climates and of course bees.



Jim Kendros Music Appreciation

Wednesday, May 27 at 2:00pm

Those Romantic Romantics!

May is the month where everything blooms, and there is color everywhere! Join Jim Kendros as we explore the lush, highly expressive world of the Romantic era composers! Revel in the symphonic works of Schumann and Brahms and

May Special Events

be moved by the emotional heights of Schubert. Jim will highlight the meaning of romanticism in music as we delve into the lives and music of these great nineteenth century composers. Join Jim for an hour of beautiful music in May!

Fitness with Adrian



Memory Enhancement Chair Exercise

Every day at 10:00am

Assisted Living:

Every day at 11:30am

Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available.

Shopping Trips

Trader Joe's: *Friday, May 1 at 9:45am*

Walmart: *Thursday, May 14 at 9:45am*

Target: *Thursday, May 28 at 9:45am*

Outing to the Heartbreak Hotel

Wednesday, May 20 from 12:00-4:00pm

**For each outing, please meet in the lobby 10 minutes before departure. Cost is on your own.*

Dog Therapy

Meet Liesl the Dachshund! Liesl will go to all levels for anyone to enjoy. Below are the dates when Liesl will be here.

Friday, May 1, 8, and 15

9:30am Memory Enhancement Activity Room

9:45am in Skilled Nursing in Activity Room

10:00am Assisted Living in 2L

Will's Corner

Life in Assisted Living offers a wonderful balance of support and independence. But sometimes, it's easy to fall into a comfortable routine of staying in your room, watching television, or simply watching the clock. If that sounds familiar, consider this your gentle invitation to step out and play.

You might hear an announcement for Bingo, a gardening club, or a morning stretch class and think, "That's not for me," or "I'm too tired today." But the truth is, having fun and joining activities isn't just about passing the time, it is a vital part of staying healthy, happy, and connected.



Members looking at the tools that Ptoawatomi tribe would use.

Bulletin Board

May Highlights

Below are activities that you might be interested in.

Rendever Virtual Reality!

Time and dates TBA

Location in the Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

Celebration of Life with JourneyCare

Monday, May 4 at 2:00pm in 2L

Join us as we gather to honor and remember our beloved members who have passed away in the last six months. This uplifting program is designed not as a funeral, but as a joyful tribute to the lives, love, and legacies they left within our community.

Art Class with Kaleidoscope!

Monday, May 4 for Memory Enhancement at 3:30pm in the Art Studio

Monday, May 11 and 18 for Assisted Living at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, May 1 at 11:00am

Friday, May 22 at 11:00am

Memory Enhancement Drumming Circle

Wednesday, May 6 at 10:30am

Monday, May 18 at 2:00pm

News Currents

Wednesdays at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Crafty Corner

Tuesday, May 12 at 2:00pm

Capture the soothing scent of Provence by crafting these easy lavender sachets. A blend of dried lavender flowers and a touch of oil creates a portable pocket of calm, perfect for de-stressing anytime, anywhere.

Games & Glory

Thursday, May 7 at 2:00pm

Monday, May 25 at 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills.

Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or putt your way to victory in Mini Golf? Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Root Beer Float Social

Friday, May 1 at 2:00pm in the Sky Box Lounge

Fizz, foam, and fun! Get ready for the ultimate Root Beer Float Social, where creamy vanilla ice cream meets bubbly, ice-cold root beer in a match made in dessert heaven. It's the perfect excuse to kick back, sweeten your afternoon, and float into smiles with friends. See you there!

Bulletin Board

Wine and Cheese Social

Friday, May 8 at 3:30pm in the Sky Box Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Sky Box Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Ice Cream Social

Friday, May 29 at 2:00pm in the Sky Box Lounge

Scoop, sprinkle, and smile! Join us for an Ice Cream Social that's loaded with delicious possibilities. Start with creamy vanilla ice cream, then go wild at our toppings bar, think crunchy nuts, gooey caramel, rich fudge, fluffy whipped cream, colorful sprinkles, and the cherry on top! It's a build-your-own sundae kind of party. See you there!

Game of the Month

Chicago Cubs vs Chicago White Sox

Sunday, May 17th at 12:30pm

Game starts at 1:10pm

Come enjoy lunch and a baseball game! Enjoy a hotdog or a hamburger with some friends!

Movies at Prairieview!

Located in the Sky Box Lounge

May 2 Mrs. Doubtfire

May 9 Just Go With It

May 16 LaLa Land

May 23 Going in Style

Discovery Series!

Located in the Sky Box Lounge

May 3 Elvis Presley "Shook UP"

May 10 A Year in Port

May 24 Paul McCartney: Man On The Run

May 30 Jerry West: The Logo

May 31 Loopers: The Caddie's Long Walk

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking

details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

Resident Council

Assisted Living Resident Council

Thursday, May 14, 2:00pm, 2L

Skilled Nursing Resident Council

Thursday, May 14, 9:30am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.



Music with Frank Rossi.

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call *Inspira!*

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password *feelyoung*.



Happy Birthday
to everyone born in
MAY!

Patricia D. 5/4
Jim F. 5/16
Frank C. 5/20

Spiritual Expressions

Catholic Communion Service:

Tuesdays, 10:00am in the 3rd Floor Lounge; 10:30am SN

Tune in: EWTN on Channel 119 with daily Catholic news programming, prayers and messages from around the world.

Sundays:

9:30am, Catholic Mass with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, Joel Osteen Lakewood Church Service on Lifetime Channel 29

11:00am, Presbyterian Church streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew
www.stmatthewbarrington.org

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black
CNA: Blue
Activities Assistants: Purple
Dining: Grey

House Keeping/Floor technicians: Blueish Grey
Member Services: Blue Collared Shirts

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