

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

OST

August 2026



Members enjoying the
Lake Geneva Safari.



Working hard and enjoying
each others company.



Drum Circle with Lucas!



Enjoying the weather.

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BEST
NURSING HOMES

& WORLD REPORT
USNews

SHORT-TERM
REHABILITATION
2019-2025

August Special Events



Arianna: Flute and Harp Duo

Thursday, August 6 at 2:00pm

Join Carlyn on flute and Laura on harp for an enchanting afternoon with Arianna! From Bach and Vivaldi to Debussy

and Ravel, this duo brings centuries of beautiful music to life featuring classics like the Air for the G String, Reverie, Puccini's Humming Chorus, and so much more. Expect elegance, energy, and a repertoire that dances from Baroque to modern all delivered with warmth and sparkle. Don't miss this magical musical escape!



Kristin Ashley

Wednesday, August 12 at 2:00pm

Sunflowers & the Colors of August

Celebrate the beauty of August through paintings filled

with vibrant flowers. From Van Gogh's joyful sunflowers and Monet's lush gardens to Georgia O'Keeffe's vibrant poppies, we'll enjoy some of art history's most beloved floral masterpieces and the simple pleasures of the season.



Verne Allison

Tuesday, August 18 at 3:00pm

Get ready, Prairieview—Verne is in town, and he's bringing the soundtrack of a lifetime!

With a voice that pours out smooth Motown soul, swings

through timeless standards, and cranks up pop, oldies, and blues from the 40s to today, Verne doesn't just sing he transports. Every note is a memory, every groove a celebration. Expect nostalgia. Expect electricity. Expect to feel every single beat. This isn't just music it's magic with a microphone. Don't miss it!



Wildbird Shack presents The Hidden Lives of Birds

Thursday, August 20 at 2:00pm

Learn about fascinating facts from the avian world!



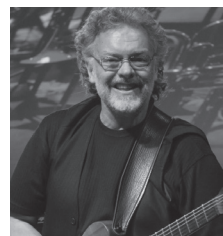
Jim Kendros Music Appreciation

Friday, August 26 at 2:00pm

August Lightness: Vivaldi and Mozart!

The long, lazy days of August are here! Join Jim Kendros as

we revel in the remarkably melodious music of Vivaldi and Mozart! Experience the sparkling Concerto for Two Mandolins by Vivaldi, as Jim discusses how this popular instrument was a favorite in aristocratic courts. Jim will then explore the Divertimento # 1 for Strings by Mozart, a wonderfully elegant and lyrical work perfect for August! Jim will explore Mozart's background as a violinist as we enjoy this gem for strings.



Jeff Rutter

Thursday, August 27 at 2:00pm

Welcome back Jeff Rutter! He's bringing the best of the 40s–70s, Oldies, Rock, Disco, Standards, and Jazz all wrapped up in one electric, feel-good

show. With his magnetic personality, Jeff doesn't just perform, he gets the whole room singing, laughing, and smiling from start to finish. The party's back and you're invited! Let's go!

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available.

Shopping Trips

Walmart: Thursday, August 6 at 9:45am

Target: Thursday, August 20 at 9:45am

Scenic Route

Assisted Living: Tuesday, August 7 at 2:00pm

Memory Enhancement: Tuesday, August 7
3:15pm

**For each outing, please meet in the lobby 10 minutes before departure. The cost is on your own.*

Fitness with Adrian



Memory Enhancement Chair Exercise

Every day at 10:00am

Assisted Living:

Every day at 11:30am

Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Dog Therapy

Meet Liesl the Dachshund! Liesl will go to all levels for anyone to enjoy. Below are the dates when Liesl will be here.

10:00am Memory Enhancement Activity Room

10:15am in Skilled Nursing in Activity Room

10:30am Assisted Living in 2L

Will's Corner

Come On In! The Water's Fine!

We know sometimes the couch looks a whole lot more inviting than playing cards. But here's a little secret: the best moments here at Prairieview don't happen in your room. They happen in the dining room, the Sky Box Lounge, News Currents, and yes even at Bingo!

Here's the deal: you don't have to love everything. But you might just love something.

- Always wanted to try painting? We've got brushes.
- Miss playing cards with your old crew? We've got decks—and opponents.
- Just want to sit and listen to live music? We've got that too!
- Want to talk with each other? We have socials to help with that!

So, what do you say? Pick one thing once a week. Just one. Show up, smile, and see what happens. If it's not your cup of tea, no harm done, you can always try the cheese instead.

Life's too short to sit on the sidelines. Your neighbors are waiting. The fun is waiting. **See you there!**



Liesl the Dachshund.

Bulletin Board

August Highlights

Below are activities that you might be interested in.

Rendever Virtual Reality!

Time and dates TBA

Location in the Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will schedule back-to-back sessions.

Art Class with Kaleidoscope!

Monday August 3 and 17 for Assisted Living at 1:45pm in the Art Studio

Monday, August 10 and 24 for Memory Enhancement at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, August 7 at 11:00am

Friday, August 28 at 11:00am

Memory Enhancement Drumming Circle

Friday, August 7 at 1:30pm

Friday, August 14 at 1:30pm

News Currents

Wednesdays at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Root Beer Float Social

Friday, August 7 at 2:00pm in the Sky Box Lounge

Fizz, foam, and fun! Get ready for the ultimate Root Beer Float Social, where creamy vanilla ice cream meets bubbly, ice-cold root beer in a match made in dessert heaven. It's the perfect excuse to kick back, sweeten your afternoon, and float into smiles with friends. See you there!

Lunch at the Winslow

Monday, August 10 at 12:30pm

Wine and Cheese Social

Friday, August 14 at 3:30pm in the Sky Box Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Sky Box Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Ice Cream Social

Friday, August 21 at 2:00pm in the Sky Box Lounge

Scoop, sprinkle, and smile! Join us for an Ice Cream Social that's loaded with delicious possibilities. Start with creamy vanilla ice cream, then go wild at our toppings bar, think crunchy nuts, gooey caramel, rich fudge, fluffy whipped cream, colorful sprinkles, and the cherry on top! It's a build-your-own sundae kind of party. See you there!

Games & Glory

Monday, August 24 at 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or put your way to victory in Mini Golf?

Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Bulletin Board

Crafty Corner

Tuesday, August 25 at 2:00pm

Sample Social

Root Beer Rumble: Taste, History & Rankings!

Friday, August 28 at 2:00pm in the Sky Box Lounge

This month, we're trading wine glasses for frosty mugs in a delightfully fizzy journey through the world of root beer. Join us as we taste-test a handpicked lineup of brews—from hometown heroes to cult-favorite small-batch bottles—and crown our ultimate champion.

But it's not just about the foam! We'll travel back in time to uncover root beer's quirky origins, learn what gives each pour its signature bite, and vote on everything from sweetness to fizz-factor. This program is your permission to get curious, get bubbly, and get ranking.



Game of the Month

Chicago Cubs vs Cincinnati Reds

Saturday, August 29 at 12:30pm in the Sky Box Lounge

Come enjoy lunch and a baseball game! Enjoy a hotdog or a hamburger.

Movies at Prairieview!

Located in the Sky Box Lounge

<i>August 8</i>	<i>The Two Popes</i>
<i>August 9</i>	<i>Answer Man</i>
<i>August 15</i>	<i>Inside Man</i>
<i>August 22</i>	<i>Indiana Jones and the Last Crusade</i>

Discovery Series!

Located in the Sky Box Lounge

<i>August 1</i>	<i>Dancing with The Birds</i>
<i>August 2</i>	<i>Chris & Martina: The Final Set</i>
<i>August 16</i>	<i>Unknown Cave of Bones</i>
<i>August 23</i>	<i>Sea Lions of the Galapagos</i>
<i>August 30</i>	<i>Tiger</i>

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

Resident Council

Assisted Living Resident Council

Thursday, August 13, 2:00pm, 2L

Skilled Nursing Resident Council

Thursday, August 13, 9:30am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee. Moriarty@Illinois.gov.

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



Happy Birthday
to everyone born in
AUGUST

Dorothy N.	8/1
Mary S.	8/6
Emily P.	8/16
Ronald S.	8/17
Jeanette G.	8/23

Spiritual Expressions

Catholic Communion Service

Tuesdays, 10:00am in the 2nd Floor Lounge; 10:30am SN

Episcopal Communion Service

Wednesday, August 22 at 10:30am in the 2nd Floor Lounge

Episcopal Bible Study with St. Michaels

Wednesday, August 12 at 10:00am in the 2nd Floor Lounge

Tune in: EWTN on Channel 119 with daily Catholic news programming, prayers and messages from around the world.

Sundays:

9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, **Joel Osteen** Lakewood Church Service on Lifetime Channel 29

11:00am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew
www.stmatthewbarrington.org

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue

Collared Shirts



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