

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

July 2026



**Dancing for
our summer party!**



**Enjoying Todd Donnelly
on the steel drums.**



Outside on a beautiful day.



Honey tasting with Wildshack.

THE GARLANDS[®]
Inspira
FEEL Better. AGE Better. LIVE Better.



July Special Events



Barret Haselwood

Wednesday, July 1 at 2:00pm

Barrett is back and ready to sing and play with his ukulele! He'll play all your favorites like Johnny Cash, Willie Nelson, Bette Midler, John Denver, Elvis, and Bruce Springsteen. Barret worked on cruise ships for over 8 years. Barrett will be rocking the afternoon with the unique and exciting sound of his ukulele! This isn't your typical ukulele show, you'll be hearing sounds from rock, oldies, and jazz as well as tunes from the islands!



Kristin Ashley

Wednesday, July 8 at 2:00pm

Women in Art: From Muse to Genius

From the timeless beauty of Venus to the inspired muse of the Romantic era to the trailblazing spirit of modernism, women have always been central to the story of art. Join Kristin for a captivating journey celebrating both the women immortalized on canvas and the visionary artists behind the brush — from Artemisia Gentileschi and Mary Cassatt to Berthe Morisot, Georgia O'Keeffe, Emily Carr, and Frida Kahlo.



Maureen Christeen

Friday, July 17 at 3:00pm

Let Freedom Ring – A musical Tribute to America

Maureen Christine brings her crystal clear voice and warm stage presence to present a musical salute to our veterans including medleys and favorite selections! From wonderful patriotic songs such as My Country Tis Of Thee, Grand Old Flag, and Proud to be an American (God Bless The USA), Battle Hymn, to WWII era favorites such as "In The Mood" and Sentimental Journey. Maureen Christine is an award-winning vocalist with a crystal clear voice, sophisticated yet warm, and delightful personality.



Dave Rice the Piano Man

Tuesday, July 21 at 2:00pm

Get ready for an unforgettable afternoon! Please join us in welcoming back the one and only Dave Rice! Dave is a high-energy, powerhouse musician, bringing the best tunes from the 40s all the way to today. With deep roots in the blues, he'll keep you grooving with everything from Rock and Motown to Country, Oldies, Big Band, Jazz, Blues, and so much more! Get ready to dance, sing along, and have a blast as Dave takes the stage! You won't want to miss this!



Jim Kendros Music Appreciation

Friday, July 22 at 2:00pm

Great American Music: Gershwin and Barber

Join Jim Kendros as we celebrate American music in July! As our nation turns 250, Jim will highlight the music of George Gershwin and Samuel Barber! Enjoy the jazz and blues fusions of Gershwin's Three Preludes, and the highly melodious strains of Barber's Violin Concerto. Jim will delve into the lives of both composers. Celebrate our 250th birthday with Jim and great American music!



Wildbird Shack presents Nature's Avian Superstars

Thursday, July 16 at 2:00pm

Journey into the world of extraordinary bird creatures of impossible colors, incredible abilities, and surprising intelligence. This presentation reveals the species that push the limits of nature and reminds us why birds captivate human imagination.

July Special Events



Rebecca Rivera

Friday, July 31 at 2:00pm

Please welcome back Rebecca, her high energy and enchanting voice always is a crowd pleaser. She performs timeless classics to contemporary hits, Rebecca effortlessly delivers a delightful performance that transcends eras.

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available.

Shopping Trips

Walmart: *Thursday, July 9 at 9:45am*

Target: *Thursday, July 23 at 9:45am*

Scenic Route

Assisted Living: *Tuesday, July 7 at 2:00pm*

Memory Enhancement: *Tuesday, July 7 at 3:15pm*

**For each outing, please meet in the lobby 10 minutes before departure. The cost is on your own.*

Fitness with Adrian



Memory Enhancement Chair Exercise

Every day at 10:00am

Assisted Living:

Every day at 11:30am

Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Will's Corner

Summertime!

Do you ever close your eyes and picture the perfect summer day from your past?

Maybe it was the sound of a lawnmower humming in the distance. The squeak of a porch swing. The smell of hamburgers sizzling on the grill and the taste of watermelon so sweet it dripped down your arms. Maybe it was the simple joy of catching lightning bugs in a mason jar or falling asleep to the sound of an oscillating fan. Those weren't just summers; they were the soundtrack of our lives.

We'll sip root beer floats and lemonade on the patio and remember the good old days. And we'll spend lazy afternoons enjoying the company of good friends just like summer was always meant to be. Because here's the secret: Summer isn't about where you are. It's about how you feel. And this summer, we want you to feel young, carefree, and full of joy just like you did all those years ago.

So come on out.



Summer Party with Todd Donnelly
and his sons!

Bulletin Board

July Highlights

Below are activities that you might be interested in.

Rendever Virtual Reality!

Time and dates TBA

Location in the Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

Art Class with Kaleidoscope!

Monday, July 6 and 20 for Assisted Living at 1:45pm in the Art Studio

Monday, July 13 and 27 for Memory Enhancement at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, July 3 at 11:00am

Friday, July 24 at 11:00am

Memory Enhancement Drumming Circle

Wednesday, July 1 at 10:30am

Wednesday, July 15 at 10:00am

News Currents

Wednesdays at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Crafty Corner

Thursday, July 23 at 2:00pm

Games & Glory

Wednesday, July 15 at 2:00pm

Monday, July 27 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills.

Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or put your way to victory in Mini Golf?

Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Root Beer Float Social

Friday, July 3 at 2:00pm in the Sky Box Lounge

Fizz, foam, and fun! Get ready for the ultimate Root Beer Float Social, where creamy vanilla ice cream meets bubbly, ice-cold root beer in a match made in dessert heaven. It's the perfect excuse to kick back, sweeten your afternoon, and float into smiles with friends. See you there!

Wine and Cheese Social

Friday, July 10 at 3:30pm in the Sky Box Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Sky Box Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Ice Cream Social

Friday, July 24 at 2:00pm in the Sky Box Lounge

Scoop, sprinkle, and smile! Join us for an Ice Cream Social that's loaded with delicious possibilities. Start with creamy vanilla ice cream, then go wild at our toppings bar, think crunchy nuts, gooey caramel, rich fudge, fluffy whipped cream, colorful sprinkles, and the cherry on top! It's a build-your-own sundae kind of party. See you there!

Bulletin Board

Game of the Month

Chicago Cubs vs. Minnesota Twins

Sunday, July 19 at 12:30pm in the Sky Box Lounge
Come enjoy lunch and a baseball game! Enjoy a hotdog or a hamburger

Movies at Prairieview!

Located in the Sky Box Lounge

July 11 *Father of the Bride*
July 18 *Father of the Bride Part 2*
July 25 *I can Only Imagine*

Discovery Series!

Located in the Sky Box Lounge

July 5 *Ocean*
July 12 *Pompeii: Secrets of the Dead*
July 26 *Miracle Landing on the Hudson*

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com

Resident Council

Assisted Living Resident Council

Thursday, July 9 at 2:00pm, 2L

Skilled Nursing Resident Council

Thursday, July 9 at 9:30am, Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee. Moriarty@Illinois.gov

Dog Therapy

Meet Liesl the Dachshund! Liesl will go to all levels for anyone to enjoy. Below are the dates when Liesl will be here.

Friday, July 17, 24, and 31

10:00am Memory Enhancement Activity Room

10:15am in Skilled Nursing in Activity Room

10:30am Assisted Living in 2L



Liesl the Dachshund.

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



Happy Birthday
to everyone born in
JULY!

Kathleen K.	7/6
Ray P.	7/7
Linda N.	7/11
Irene S.	7/24
Janice W.	7/26

Spiritual Expressions

Catholic Communion Service:

Tuesdays, 10:00am in the 3rd Floor Lounge; 10:30am SN

Episcopal Communion Service:

Wednesday, July 22 at 10:30am in the Argyle Living Room

Tune in: EWTN on Channel 119 with daily Catholic news programming, prayers and messages from around the world.

Sundays:

9:30am, Catholic Mass with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, Joel Osteen Lakewood Church Service on Lifetime Channel 29

11:00am, Presbyterian Church streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew www.stmatthewbarrington.org

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue
Collared Shirts



6000 Garlands Lane, Barrington, IL 60010

thegarlands.com | 847-852-3000



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