

PRAIRIEVIEW

A newsletter for Prairieview Members and their families.

POST

September 2026



Showing our
finished product!



Members listening to
the performance.



Rebecca singing to our members.



Working hard on our craft!

THE GARLANDS®
Inspira
FEEL Better. AGE Better. LIVE Better.



September Special Events



Dave Rice on the Piano!

Thursday, Sept. 3 at 2:00pm

Get ready for an unforgettable afternoon! Please join us in welcoming back the one and only Dave Rice! Dave is a high-energy, powerhouse musician, bringing the best tunes from the 40s all the way to today. With deep roots in the blues, he'll keep you grooving with everything from Rock and Motown to Country, Oldies, Big Band, Jazz, Blues, and so much more! Get ready to dance, sing along, and have a blast as Dave takes the stage! You won't want to miss this!



Kristin Ashley

Tuesday, Sept. 15 at 2:00pm

As Evening Falls: Twilight, Moonlight & Starlight

From glowing sunsets and peaceful harbors to moonlit streets and shimmering stars, evening has inspired some of history's most memorable works of art. Join Kristin as we explore how artists captured the beauty of the night through luminous color, dramatic skies, and changing light. Featuring paintings by Caspar David Friedrich, Vincent van Gogh, Claude Monet, James McNeill Whistler, John Atkinson Grimshaw and others, this lecture celebrates the quiet mystery and timeless beauty of the hours of the evening.



Courtney and Chris

Wednesday, Sept. 16 at 3:00pm

Courtney and Chris, the dynamic duo setting local venues ablaze. With Courtney's captivating vocals and driving rhythm guitar, paired with Chris's sizzling lead guitar riffs, they create an energetic, feel-good sound that gets everyone dancing. Whether it's the crackle of a vinyl record or the timeless thrill of a live performance, Courtney and Chris capture that magic. Don't miss your chance to experience the fun!



Presents A Sweet Journey Through Chicago's Candyland History

Thursday, Sept. 17 at 2:00pm

Take a delightful ride through the rich history of Chicago's most iconic chocolates and candies. From the world-famous M&M's to the nostalgic Tootsie Roll, Wrigley's gum, Cracker Jack, and Dots; crafted right in our own backyard. We'll dive into why Chicago earned its title as "The Candy Capital of the World."



Jim Kendros Music Appreciation

Wednesday, Sept. 23 at 2:00pm

The Spiritual Lives of Great Composers

Join Jim Kendros as he explores an aspect rarely seen in music seminars! What were the spiritual beliefs of the great composers? And how did these beliefs express themselves in the music these artists created? Detailing examples from "The Spiritual Lives of Great Composers" by Patrick Kavanaugh, Jim will explore the spiritual worlds of Bach, Handel and Mozart. You'll hear their music from the spiritual perspective of what these great composers most likely believed, whether from their own accounts or reflected from their life events. Join Jim for a fascinating hour of music and spirituality!



Oktoberfest! With Eddie Korosa and The Boys and Girl from Illinois

Thursday, Sept. 24 at 3:00pm at the Prairieview Patio!

Eddie Korosa and the Boys and Girl are back! They have been playing together since 1976 playing polkas, big band, rock and roll and country music, performing on television, radio and in the movies as well as by invitation all over the world. The band has played numerous polka festivals in Germany, Austria, Switzerland, France, Italy, Hawaii, the Caribbean and South America.



John Boda Presents

Tuesday, Sept. 29 at 2:00pm

Tony Bennett: The Last Crooner

Tony not only broke the age barrier with the younger generation, but he shattered it, although eleven years younger, Tony Bennett's favorite singer was Frank Sinatra, then later when he rose to popularity, Sinatra would exclaim "Tony Bennett is the best singer in the business"! This presentation will feature great pictures and trivia on his life and music and include select songs he made popular such as "Stranger in Paradise", "Rags to Riches", "I Wanna Be Around" and of course his biggest smash hit "I Left My Heart in San Francisco"! As a bonus ending this program also includes a look at his amazing and beautiful art work in a picture gallery over a classic song to conclude this presentation.

Dog Therapy

Meet Liesl the Dachshund! Liesl will go to all levels for anyone to enjoy. Below are the dates when Liesl will be here.

10:00am Memory Enhancement Activity Room

10:15am in Skilled Nursing in Activity Room

10:30am Assisted Living in 2L



Liesl the Dachshund.

Will's Corner

September is the perfect month to enjoy the fresh air! We're soaking up the beautiful weather with outdoor outings from Fall Fest for crisp autumn views to Oktoberfest for lively music and tasty treats. There's nothing like a blue sky, a gentle breeze, and good company to make the season feel extra special.

But the fun doesn't stop there! Right here at home, we have so many wonderful ways to stay engaged and connected. Our regular card games are always full of laughs and friendly competition. And our social programs offer everything from trivia afternoons and to arts and crafts and music.

We warmly encourage every resident (Member) to come out and join! These activities are a wonderful chance to meet new friends, keep your mind sharp, and fill your days with joy and connection. Whether you're stepping out for a festival or pulling up a chair to the card table, your presence makes our community brighter. Don't be shy, come on in, grab a seat, and be part of the fun. We can't wait to see you there!"

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available.

Shopping Trips

Walmart: *Thursday, September 3 at 9:45am*

Target: *Thursday, September 17 at 9:45am*

Scenic Route

Memory Enhancement: *Tuesday, Sept. 1 at 2:00pm*

Assisted Living: *Wednesday, Sept. 2 at 2:00pm*

**For each outing, please meet in the lobby 10 minutes before departure. The cost is on your own.*

Bulletin Board

September Highlights

Below are activities that you might be interested in.

Rendever Virtual Reality!

Time and dates TBA, Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, September 4 at 11:00am

Friday, September 25 at 11:00am

Memory Enhancement Drumming Circle

Friday, September 4 at 1:30pm

Friday, September 11 at 1:30pm

News Currents

Wednesdays at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Root Beer Float Social

Friday, September 4 at 2:00pm, Sky Box Lounge

Fizz, foam, and fun! Get ready for the ultimate Root Beer Float Social, where creamy vanilla ice cream meets bubbly, ice-cold root beer in a match made in dessert heaven. It's the perfect excuse to kick back, sweeten your afternoon, and float into smiles with friends. See you there!

Art Class with Kaleidoscope!

Monday, September 7 and 21 for Assisted Living at 1:45pm in the Art Studio

Monday, September 14 and 28 for Memory Enhancement at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Wine and Cheese Social

Friday, September 11 at 3:30pm, Sky Box Lounge

Join us for a delightful afternoon at our Wine & Cheese Social. Enjoy a glass of wine and delicious cheese in our Sky Box Lounge. It's a wonderful opportunity to relax, mingle with friends, and enjoy good company. We hope to see you there for this special gathering.

Lunch at the Winslow

Monday, September 14 at 12:30pm

Ice Cream Social

Friday, September 18 at 2:00pm, Sky Box Lounge

Scoop, sprinkle, and smile! Join us for an Ice Cream Social that's loaded with delicious possibilities. Start with creamy vanilla ice cream, then go wild at our toppings bar, think crunchy nuts, gooey caramel, rich fudge, fluffy whipped cream, colorful sprinkles, and the cherry on top! It's a build-your-own sundae kind of party. See you there!

Games & Glory

Monday, September 21 at 2:00pm

Friday, September 25 at 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or put your way to victory in Mini Golf?

Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Bulletin Board

Crafty Corner

Thursday, September 24 at 2:00pm

Sample Social – Sweet Breads!

Friday, September 25 at 2:00pm, Sky Box Lounge

Game of the Month



Chicago Bears vs Carolina Panthers

Sunday, September 13 at 12:00pm,
Sky Box Lounge

Eat and watch the first game of the season!



Chicago Cubs vs Cincinnati Reds

Sunday, September 20 at 12:30pm,
Sky Box Lounge

Come enjoy lunch and a baseball game! Enjoy a hotdog or a hamburger.

Resident Council

Assisted Living Resident Council

Tuesday, September 15 at 2:00pm, 2L

Skilled Nursing Resident Council

Thursday, September 10 at 9:30am,
Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time for question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.

Movies at Prairieview!

Located in the Sky Box Lounge

Sept. 2	<i>Blazing Saddles</i>
Sept. 5	<i>La Bomba</i>
Sept. 12	<i>The Guernsey Literary and Potato Peel Pie Society</i>
Sept. 26	<i>Legally Blonde</i>

Discovery Series!

Located in the Sky Box Lounge

Sept. 6	<i>Marty Life is Short</i>
Sept. 27	<i>Hearing is Believing</i>
Sept. 30	<i>M*A*S*H – The Comedy That Changed Television</i>

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

Fitness with Adrian



Memory Enhancement Chair Exercise

Every day at 10:00am

Assisted Living:

Monday, Wednesday, and
Friday at 11:30am

Assisted Living:

Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Adrian is always available for individual fitness sessions. Just let him know you are interested!

THE GARLANDS® *Inspira*

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call **Inspira!**

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password **feelyoung**.



Happy Birthday
to everyone born in
SEPTEMBER

Mary Jo M.	9/13
Mari H.	9/28
David L.	9/30

Spiritual Expressions

Catholic Communion Service

Tuesdays, 10:00am in the 2nd Floor Lounge; 10:30am SN

Episcopal Communion Service

Wednesday, September 23 at 10:30am in the 2nd Floor Lounge

Episcopal Bible Study with St. Michaels

Wednesday, September 9 at 10:00am in the 2nd Floor Lounge

Tune in to **EWTN** on **Channel 119** with daily Catholic news programming, prayers and messages from around the world.

Sundays:

9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, **Joel Osteen** Lakewood Church Service on Lifetime Channel 29

11:00am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew
www.stmatthewbarrington.org

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black

CNA: Blue

Activities Assistants: Purple

Dining: Grey

House Keeping/Floor

technicians: Blueish Grey

Member Services: Blue

Collared Shirts

6000 Garlands Lane, Barrington, IL 60010



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