Prairieview Post

A newsletter for Prairieview Members and their families.

November 2026



Activity **Staff Dancing** at Oktoberfest.



Members dancing in their seat at Oktoberfest.



Enjoying Oktoberfest.



Enjoying the fun times at Oktoberfest!

THE GARLANDS® Inspira

FEEL Better. AGE Better. LIVE Better.

BEST NURSING HOMES U.S.News & WORLD REPORT SHORT-TERM REHABILITATION 2019-2025

November Special Events



John Boda

Tuesday, November 3 at 3:00pm

Tony Bennett: The Last Crooner
Celebrate the life and music of Tony Bennett through memorable photos, fun trivia, and classic hits like "Stranger in Paradise," "Rags to Riches," and his signature song, "I Left My Heart in San Francisco." Discover his remarkable career, his admiration for Frank Sinatra, and enjoy a special gallery showcasing Tony's beautiful artwork.



Abigail Riccards

Wednesday, November 4, 2:00pm

Get ready for a lively musical journey with Abigail, a powerhouse vocalist who brings smoky vocals, energy, and personality to every performance! From jazz standards to classic hits of the '50s through the '90s, Abigail celebrates favorites by Elvis, Billy Joel, Aretha Franklin, Elton John, Bette Midler, and many more. Enjoy a fun-filled performance of timeless songs you know and love!



Tenor Gavin Coyle with Carlyn and Jon

Saturday, November 7, 10:30 am

The Great American Songbook
Get ready for a musical trip down memory lane! Featuring timeless favorites from the 1920s through the 1950s, these beloved songs from Broadway and Hollywood tell stories of love, laughter, and life that never go out of style.

Join Gavin Coyle, Carlyn Lloyd, and Jon Warfel as they bring these unforgettable American classics to life!



Big City Dixieland

Monday, November 9 at 2:00pm

Get ready to tap your toes and feel the New Orleans spirit! Led by Michael Bazan, Big City Dixieland brings lively, feel-good jazz that's fun for all ages. These talented musicians have performed with legendary acts like Frankie Valli and The Four Tops.

Join us for upbeat rhythms, classic Dixieland favorites, and plenty of toe-tappin' fun!



Frank Rossi

Saturday, November 14 at 2:00pm

Straight out of Chicago Heights, Illinois, Frank Rossi has been entertaining audiences throughout Chicagoland for decades! Playing accordion and piano, Frank brings timeless charm and lively entertainment to every performance. Enjoy a wonderful mix of music from the 1930s, '40s, and '50s, along with familiar favorites that are sure to bring back memories, inspire sing-alongs, and put a smile on everyone's face. Frank's music is fun for all ages!



Kristin Ashley

Tuesday, November 17 at 2:00pm

Paintings to Be Thankful For
November is a time to reflect on the people, places, and simple pleasures that enrich our lives. Join artist and lecturer Kristin for a colorful journey through paintings that celebrate nature, friendship, family, beauty, and the joys of everyday life. From familiar masterpieces to delightful discoveries, we'll explore the many things that inspire artists—and remind us how much there is to be thankful for.



Jane Allyson

Wednesday, November 18 at 2:00pm

Get ready for an upbeat, interactive musical experience with Jane! With a fantastic voice, a warm smile, and plenty of personality, Jane brings beloved songs to life with fun stories, music trivia, and fascinating tidbits along the way. Her extensive song selection spans the 1930s through the 1980s, featuring classic standards, '50s and '60s pop, Motown

Special Events

favorites, and '70s and '80s hits. With 20 years of musical theatre experience and a knack for engaging audiences, Jane knows how to get everyone involved and make every performance a memorable good time!

Wildbird Shack – Alyse Favorite Birds

Thursday, November 19 at 2:00pm

Explore Alyse's favorite birds, including the Harpy Eagle, Shoebill, Marabou Stork, Helmet Hornbill and Long-Wattled Umbrellabird just to name a few.



Lincoln and Thanksgiving with Abraham Lincoln

Friday, November 20 at 3:30pm

Join Abraham Lincoln portrayer Kevin Wood as Mr. Lincoln shares the story of how our national Thanksgiving holiday came to be established during his presidency. Through Lincoln's words and perspective, discover how Thanksgiving became an annual observance and be reminded that even during difficult times, there are still reasons to be thankful.



Jim Kendros Music Appreciation

Wednesday, November 25 at 2:00pm

Violin Treasures to be Thankful For

It is the special time of year where we give thanks for the wonderful things in our lives. And Jim Kendros has the perfect musical treasures we can all be thankful for! Join Jim as we revel in some of the most beautiful violin music ever composed! Enjoy the energetic finale of Beethoven's violin concerto and the romantic, passionate warmth of the second movement of Mendelssohn's violin concerto. Learn about rondo and ternary forms as Jim explores the life and times of these great composers. Join us for a Thanksgiving feast of violin treasures with Jim!

Will's Corner

November is a special time to honor the brave men and women who have served our country. This Veterans Day, we recognize and thank our veterans for their service, sacrifice, and dedication. Their stories and experiences are an important part of our history, and we are grateful for the opportunity to celebrate them.

Bus Outings*

Join us for a simple bus ride, a quick trip to the store! **Please call the concierge at *37 by 9:00am on the day of the scheduled excursion to reserve your place on the bus.** Be aware that there are 2 wheelchair spots available.

Shopping Trips

Walmart: *Thursday, November 5 at 9:45am*
Target: *Thursday, November 19 at 9:45am*

**For each outing, please meet in the lobby 10 minutes before departure. The cost is on your own.*

Fitness with Adrian



Memory Enhancement Chair Exercise

Every day at 10:00am

Assisted Living:
Monday, Wednesday, and Friday at 11:30am

Assisted Living:
Monday-Friday at 4:00pm

Because of the high turnout for our exercise sessions, we've added another time slot. We will now hold sessions at 11:30 AM and 4:00 PM—members can choose which one to attend.

Adrian is always available for individual fitness sessions. Just let him know you are interested!

Bulletin Board

November Highlights

Below are activities that you might be interested in.

Rendever Virtual Reality!

Time and dates TBA, Sky Box Lounge

The Rendever Virtual System has been a big hit. Since we only have 4 headsets and want to give members the best experience, we will not schedule back-to-back sessions.

Art Class with Kaleidoscope!

Monday, November 2 for Assisted Living at 1:45pm in the Art Studio

Monday, November 16 for Memory Enhancement at 1:45pm in the Art Studio

Join us for a relaxing and enjoyable art session designed just for you! We'll use simple techniques, no experience needed. All materials are provided, and the focus is on fun, creativity, and laughter. Come unwind, socialize, and take home a little masterpiece of your own! No pressure, no mistakes, just happy creating!

Drumming Circle with Lucas

Skilled Nursing Drumming Circle

Friday, November 6 at 11:00am
Friday, November 27 at 11:00am

Memory Enhancement Drumming Circle

Friday, November 6 at 1:30pm
Friday, November 13 at 10:00am

News Currents

Wednesdays at 10:00am

News Currents is a weekly group activity that brings today's headlines right to your fingertips! Every week, we come together to discuss the most intriguing current events, share opinions, and dive into topics that matter. Whether it's the latest in world news, heartwarming human-interest stories, or quirky discoveries, News Currents makes learning about the world around us a lively, social experience.

Honoring Our Veterans

Wednesday, November 11 at 2:00pm

Join us as we come together to honor and recognize the brave men and women who have served our country. We will celebrate their courage, dedication, and sacrifices while expressing our heartfelt gratitude to all who have worn the uniform.

Crafty Corner

Thursday, November 12 at 2:00pm

Get creative and let your imagination take the lead! Join us for fun, hands-on crafts where we make, create, and enjoy a little time together. No artistic skills required, just bring your creativity!

Games & Glory

Monday, November 23 2:00pm

Let's get ready for some friendly competition and active fun! It's time to pick your favorite game and show us your skills. Will you strike it big with Tabletop Bowling? Aim for a bullseye in Bag Toss? Master the gentle roll of Indoor Bocce Ball? Or put your way to victory in Mini Golf? Grab a partner or go solo—everyone's welcome. Let's laugh, play, and get moving. Your champion moment awaits!

Root Beer Float Social

Friday, November 6 at 3:30pm, Sky Box Lounge

Fizz, foam, and fun! Get ready for the ultimate Root Beer Float Social, where creamy vanilla ice cream meets bubbly, ice-cold root beer in a match made in dessert heaven. It's the perfect excuse to kick back, sweeten your afternoon, and float into smiles with friends. See you there!

Taste, Talk & Discover!

Friday, November 13 at 3:30pm in the Sky Box Lounge

Pies!

Take your taste buds on a little adventure! We'll sample different foods and drinks, discover their history and fun facts, and share our thoughts along the way. Come hungry and curious!

Bulletin Board

Ice Cream Social

Friday, November 27 at 3:30pm, Sky Box Lounge

Scoop, sprinkle, and smile! Join us for an Ice Cream Social that's loaded with delicious possibilities. Start with creamy vanilla ice cream, then go wild at our toppings bar, think crunchy nuts, gooey caramel, rich fudge, fluffy whipped cream, colorful sprinkles, and the cherry on top! It's a build-your-own sundae kind of party. See you there!

Game of the Month

Chicago Bears vs New Orleans Saints

Sunday, November 22 at 12:00pm,
Sky Box Lounge

Eat lunch and watch a game!

Movies at Prairieview!

Located in the Sky Box Lounge

November 1	*Uncle Buck*
November 8	*80 for Brady*
November 15	*Green Book*
November 21	*Dragnet*
November 24	*Planes, Trains & Automobiles*
November 28	*This is Where I Leave You*

Discovery Series!

Located in the Sky Box Lounge

November 7	*Tricky Dick and The Man in Black*
November 21	*If You're Not in the Obit, Eat Breakfast*
November 29	*The Deepest Breath*

Resident Council

Assisted Living Resident Council
Thursday, November 12, 2:00pm

Skilled Nursing Resident Council
Thursday, November 12, 9:30am
Skilled Nursing Lounge

How are we doing? What is working well, what changes or observations need to be addressed? Members can make a difference in the quality of the care, dining experience, activities and other aspects of living at Prairieview at The Garlands. All Members are welcome to join the conversation.

Recycle

Members may place recyclable items in the refuse room on their floor, provided the items are placed in a paper bag or cardboard box. Housekeeping will transport the recyclables from the refuse rooms to the basement.

Virtual Resident Council & Family Support Council

The State Long-Term Care Ombudsman would like to invite you to attend our virtual gathering of residents and families in Illinois. This group works to educate and connect residents and their loved ones with information to solve problems in long-term care. There is time to question, answer and resource sharing at each meeting.

Meetings are held on the 2nd and 4th Tuesday of each month. For more information or to be added to the bi-weekly invite list, contact Lee.Moriarty@Illinois.gov.

Sky Box Lounge Room Reservations

For anyone interested in reserving the Sky Box Lounge at **Prairieview**, please reach out to **William Van Giesen** for availability and booking details. William will be happy to assist you with your reservation and provide all the information you need to make your experience smooth and enjoyable. You can email him at wvangiesen@thegarlands.com.

Dog Therapy



Meet Liesl the Dachshund! Liesl will go to all levels for anyone to enjoy. Below are the dates when Liesl will be here.

10:00am Memory Enhancement Activity Room
10:15am in Skilled Nursing in Activity Room
10:30am Assisted Living in 2L

THE GARLANDS®

Inspira

At The Garlands, we believe that the secret to happiness and joyful longevity is a healthy balance of physical and mental fitness, a sense of community and a positive attitude. Our members feel better, age better and live better with this inspiring approach we call ***Inspira!***

FEEL Better. AGE Better. LIVE Better.

Wi-Fi Access at Prairieview

When accessing our Wi-Fi anywhere on campus, select "Garlands Wi-Fi" and use the password ***feelyoung.***



Happy Birthday
to everyone born in
NOVEMBER

Frank T.	11/6
Nancy D.	11/7
Marylou N.	11/9
Renee M.	11/15
Vivian O.	11/18
Nancy T.	11/19
Aud K.	11/25
Theresa K.	11/26

Spiritual Expressions

Catholic Communion Service
Tuesdays, 10:00am in the 2nd Floor Lounge; 10:30am SN

Episcopal Bible Study with St. Michaels
Wednesday, November 11 at 10:00am in the 2nd Floor Lounge

Episcopal Communion Service
Wednesday, November 25 at 10:30am in the 2nd Floor Lounge

Tune in to **EWTN** on **Channel 119** with daily Catholic news programming, prayers and messages from around the world.

Sundays:
9:30am, **Catholic Mass** with Cardinal Cupich from Holy Name Cathedral on Channel 7

9:30am, **Joel Osteen** Lakewood Church Service on Lifetime Channel 29

11:00am, **Presbyterian Church** streaming service, www.tvpchurch.org

Lutheran Service from St. Matthew
www.stmatthewbarrington.org

Prairieview Staff Guide

To help identify staff departments in Prairieview, we made it simpler by having uniforms. Members and families can now have an easier time helping identify a staff member in every department.

Nurse: Black
CNA: Blue
Activities Assistants: Purple
Dining: Grey
House Keeping/Floor technicians: Blueish Grey
Member Services: Blue Collared Shirts